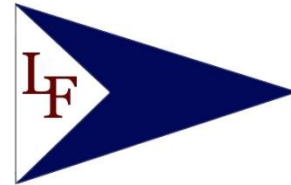




**USA JUNIOR OLYMPIC SAILING FESTIVAL –  
LAKE FOREST SAILING**

**13-15 JULY 2012**

**LAKE FOREST SAILING CENTER, IL**  
National JO Sponsors: West Marine & Gill  
**City of Lake Forest**



## **SAILING INSTRUCTIONS**

### **1. RULES**

- 1.1 The regatta will be governed by *rules* as defined by the *Racing Rules of Sailing* (RRS).

### **2 ENTRIES**

Boats that have completed registration are eligible to race.

### **3 SAFETY**

- 3.1 A Coast Guard-approved PFD must be worn and fully secured at all times while afloat, except for brief periods while adding or removing clothing. Whistles permanently attached to the PFDs are recommended.
- 3.2 A boat retiring from a race shall notify a race committee boat before leaving the course, or, when that is impossible, the Regatta Office immediately after arrival ashore.

### **4 CHECK-IN**

Competitors must check in with the race committee signal boat before the warning signal of the first race each day.

### **5 NOTICES TO COMPETITORS**

Notices to competitors will be posted on the official notice board located on the bulletin board in the regatta tent.

### **6 CHANGES IN SAILING INSTRUCTIONS**

Any change to the sailing instructions will be posted before 0830h on the day it will take effect, except that any change to the schedule of races will be posted by 1830h on the day before it will take effect.

### **7 SIGNALS MADE ASHORE**

- 7.1 Signals made ashore will be in accordance with Race Signals and displayed at the regatta tent.
- 7.2 Flag AP with two horns (one horn when lowered) means, "The race is postponed. The warning signal will be made not less than 45 minutes after AP is lowered."

## **8 SPECIAL SIGNALS**

The display of Flag "H" (white and red vertical bars) at the finish of any race means, "Racing has ended for the day."

## **9 SCHEDULE OF RACES**

Races are scheduled as follows:

Saturday 14 July 2012

A total number of 6 Races are scheduled

Sunday 15 July 2012

A total number of 4 races are scheduled

- 9.1 No warning signal will be made after **1400h** on the last day of racing.
- 9.2 The distance from the launch site to the racing area is approximately 1/2mile.
- 9.3 Should conditions make it impossible to complete the scheduled number of races, the regatta shall be terminated and the results based on the races completed and scored.

## **10 CLASS FLAGS**

Class flags will be:

Club 420	Flag: <u>C 420 Flag</u>
Laser Standard	Flag: <u>Laser Flag</u>
Laser Radial	Flag: <u>Laser R Flag</u>
Optimist RWB	Flag: <u>Optimist Flag</u>

## **11 RACING AREA**

The racing area will be as shown in Illustration A, attached.

## **12 THE COURSE**

- 12.1 The diagram(s) in Illustration B show the course(s), the order of rounding, and the side on which each mark is to be rounded or passed.
- 12.2 The identifying letter of the course will be displayed on the race committee signal boat with or before the warning signal of the start.
- 12.3 The approximate compass bearing to the weather mark will be displayed on the race committee signal boat.

## **13 MARKS**

Marks of the course for the C420/Laser course will be yellow tetrahedrons. New marks, as provided in Instruction 16, Change of Course After the Start, will be an orange "West Marine Cylinder". The starting and finishing marks will be orange balls.

Marks of the course for the Optimist course will be Orange West Marine Cylinders. New marks, as provided in Instruction 16, Change of Course after

the start will be Orange West Marine Cylinder with a black Band. The starting and finishing marks will be orange balls.

#### **14 THE START**

- 14.1 Races will be started in accordance with rule 26.
- 14.2 The starting line will be between the staff from which an orange flag is displayed on the race committee signal boat at the starboard end and the course side of the port-end starting mark.
- 14.3 Boats whose warning signal has not been made shall keep clear of the starting area and of all boats whose warning signal has been made.
- 14.4 A boat shall not start later than **5** minutes after her starting signal.

#### **15 RECALLS**

The Race Committee intends to hail the recall or sail numbers of OCS boats after the starting signal. The failure of any boat to hear the hail, an untimely hail of OCS boats, failure to hail any boats, and the order of the boats in the hail shall not be grounds for granting redress. This changes rules 41 and 62.1.

#### **16 THE FINISH**

The finishing line will be between a staff displaying an orange flag or shape on a race committee boat and the nearby finish mark.

#### **18 TIME LIMIT**

The time limit will be 60minutes for the C420, Laser, Laser Radial and Optimist class and 30minutes for the Optimist Green class. Boats failing to finish within 15 minutes after the first boat finishes or within the time limit, whichever is later, will be scored Did Not Finish. This changes rule 35.

#### **19 PROTESTS**

- 19.1 Protests shall be in writing, forms available at the regatta tent, and delivered to the regatta tent within 30 minutes after the time of the docking of the race committee signal boat for that competitor's course.
- 19.2 Protests will be heard in approximately the order of receipt as soon as possible.
- 19.3 Protest notices will be posted within 25 minutes of the protest time limit to inform competitors where and when there is a hearing in which they are parties to a hearing or named as witnesses. This posting shall constitute the notification required by RRS 63.2 and RRS 61.1(b).
- 19.4 Rule 66 is changed by adding this sentence: "On the last day of racing, a party to the hearing may ask for a reopening no later than one hour after being informed of the decision."
- 19.5 A boat is not permitted to protest another boat for breaking sailing instructions 3, 4, 22 & 23. This changes Rule 60.1 (a). The penalty for breaking these instructions may be less than disqualification at the discretion of the protest committee.

## **20 PROTEST ARBITRATION**

- 20.1 Rule 44 is modified to allow a boat either to take the penalty described in RRS 44.1 and 44.2 while on the water or to take a 40% Scoring Penalty for a breach of a rule of Part 2 after the incident but prior to the protest hearing by acknowledging the infringement before arbitration or by accepting the opinion of the arbitrator.

After a protest has been lodged, one designated representative from each boat, who shall have been on the boat when the incident occurred, may appear together before an arbitrator appointed by the protest committee. No witnesses shall be allowed.

The arbitrator will have each party describe the incident, limiting each party to approximately two minutes.

After hearing the testimony, the arbitrator will express one of the following conclusions:

1. No rule was broken. The protester has the option of withdrawing the protest. If he decides to do so, he signs to this effect on the protest form. The protest is then withdrawn and shall not be reopened or appealed. If the protester does not withdraw the protest, it will be submitted to the protest committee in the normal manner.
  2. A rule was broken by one of the boats involved. The representative of the offending boat has the option of either accepting a 40% penalty or submitting the matter to the protest committee for a protest hearing. If the penalty is accepted, the matter is closed and cannot be submitted to a hearing, be reopened, appealed or submitted for redress.
  3. The protest should be submitted to the protest committee in the normal way. When protests are submitted to the protest committee, the arbitrator shall not be a member of the protest committee hearing the protest, or be called as a witness or be present in the protest committee room. The arbitrator shall not discuss the matter with protest committee members until after the protest committee's decision has been posted.
- 20.2 Application of the 40% penalty shall be calculated in accordance with rule 44.3, except that the penalty is modified to read 40%.

## **21 SCORING**

The Low-Point Scoring System, Appendix A of the racing rules, will apply for all classes. A maximum of 10 races are scheduled, of which 1 shall be completed to

constitute a series. If 6 or more races are sailed, a boat's worst score shall be discarded.

## **22 DISPOSAL OF TRASH**

Boats observed purposefully discharging trash into the water will either be disqualified from all races the day the infraction is observed or be subject to other suitable disciplinary action, or both.

## **23 SUPPORT BOATS**

- 23.1 Except as noted in 23.2, team leaders, coaches and other support personnel shall not be in the racing area from the time of the preparatory signal for the first class to start until all boats have finished or the race committee signals a postponement, general recall or abandonment. The penalty for failing to comply with this requirement may result in a 20% penalty to all boats associated with the support personnel who do so.
- 23.2 Optimist Green Fleet: Coaching is encouraged during the starting sequence, around marks, and for staying generally "on course." Green Fleet support boats must identify themselves to the Race Committee and be careful not to interfere with any racing boats. Safety is paramount.
- 23.3 Coaches must wear fully secured PFDs while on the water. Other support people – race committee, mark and safety boat operators, parents, etc. – are strongly encouraged to wear fully secured PFDs while on the water.
- 23.4 All coach boats and other support boats/support personnel must agree to aid any competitor in distress or requesting assistance of any sort.

## **24 PRIZES**

USA Junior Olympic medals will be awarded to each member of the crew placing first, second and third in each division.

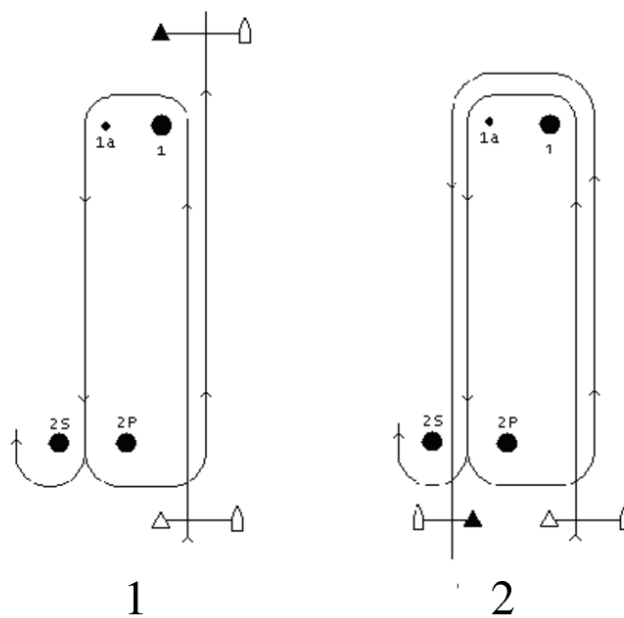
Attachments:

Illustration A - The Racing Area



## Illustration B - Course Diagrams

### WINDWARD-LEEWARD COURSE DIAGRAMS



Course 1 has 4 legs, with a windward finish.  
Rounding order is Start – 1 – 1a – 2S or 2P – Finish.

Course 2 has 6 legs, with a downwind finish.  
Rounding order is Start – 1 – 1a – 2S or 2P – 1 – 1a – Finish.

Course 3 (not shown) has 7 legs, with a windward finish.  
Rounding order is Start – 1 – 1a – 2S or 2P – 1 – 1a – 2S or 2P – Finish.

Course 4 (not shown) has 9 legs, with a downwind finish.  
Rounding order is Start – 1 – 1a – 2S or 2P – 1 – 1a – 2S or 2P – 1 – 1a – Finish