

# MILES RIVER YACHT CLUB

## 2013 Junior Sail Regatta

### Sailing Instructions

August 6th, 2013



1. **RULES:** The regatta shall be governed by the rules as defined in *The Racing Rules of Sailing*.
2. **NOTICES TO COMPETITORS:** Notices to competitors shall be posted on the official notice board located in the entrance to the Club.
3. **CHANGES TO SAILING INSTRUCTIONS:** Any change to the sailing instructions or schedule of races shall be posted on the official notice board before 9:45 am.

#### 4. SCHEDULE OF EVENTS:

Registration	8:30 – 9:30 am
Skippers' Meeting	9:45 am
1 <sup>st</sup> Warning Signal	10:30 am
	No Starts after 2:30 pm
Awards	ASAP after racing

Check the signal boat for a course board after each race to see if additional races are planned.

5. **CLASS FLAGS:** The class flag for the Opti Red, White, and Blue classes is a **red** flag. The class flag for the Laser class is a **blue** flag. The class flag for the C420 class is a **gold** flag.

The Opti Green class is using RRS Appendix S (Sound-Signal Starting System), so no class flag is necessary. The RC may use a **green** class flag to supplement the sound signals, but failure to use visual signals shall not be grounds for protest or redress.

6. **RACING AREAS:** There will be three race areas: one adjacent to the Club for the Opti Green class; one across the Miles River from the Club for the Opti Red, White, and Blue classes; and one south of Red #4 flasher (off St. Michaels harbor) for the lasers and C420s.
7. **CHECK-IN and CHECK-OUT:** Boats must check in with the RC prior to their first warning signal. Boats failing to check-in shall receive a 20% penalty calculated per RRS 44.3(c) without a hearing. Boats leaving the race area before finishing the last race must check-out with the race committee.
8. **THE COURSES:** The courses are described in the attachment "Course Designations". Do not cross through the Start/Finish line unless you are in your start sequence, or finishing.
9. **MARKS:** The turning marks of the course shall be club drop marks. The starting pin shall be a club drop mark of a different shape or color than turning marks.

## Wear Your Life Jacket at All Times on the Water

See 15. Safety Regulations

**10. THE START:** The start line shall be between the orange/yellow flag on the signal boat and the adjacent club mark as described in the course designation appendix.

Signal Systems:

Opti Red, White, and Blue, Laser, C420: Races shall be started by using rule 26 with the warning signal made 5 minutes before the starting signal.

**Opti Green:** Races shall be started by using RRS Appendix S ( Sound-Signal Starting System) with the warning signal made 3 minutes before the starting signal.

**11. THE FINISH:** The finishing line shall be between the orange/yellow flag on the signal boat and the adjacent club drop mark as described in the course designation appendix.

**12. TIME LIMITS:** The time limit for any one race is 60 minutes. Boats failing to finish within 30 minutes after the first boat sails the course and finishes shall be scored "Did Not Finish" without a hearing. This changes rules RRS 35, A4 and A5.

**13. PROTESTS:** All protests and requests for redress must be submitted in writing to the Race Committee within 30 minutes of the Race Committee docking at the Club. Notices of protests shall be posted no later than 30 minutes after the protest time limit.

**14. SCORING:** The low point scoring system of RRS Appendix A shall apply. One completed race constitutes a series. Each boat's series score shall be the total of her race scores unless five (5) or more races are completed and then she may exclude her worst score.

**15. SAFETY REGULATIONS:** Personal Flotation Devices must be worn at all times while afloat. There is no need for the RC to display a Y flag – you must always wear your life jacket when afloat. This changes rules RRS 40 and the preamble to Part 4.

You must check-in and check-out. See Sailing Instruction 7.

**16. PRIZES:** Awards will be given for 1st-3rd for C420, Laser Radial, and Opti White, Blue, and Red. In addition, 1st - 3rd will be awarded overall in the Opti fleet. Awards will be given to the top girl competitors in the Laser radial, Opti red, white, and blue, and the top all-girl C420 team. Participation awards will be given to all Green class sailors. The Race Committee may award additional prizes and/or give-aways.

The awards ceremony will be held as soon as possible after racing.

**17. DISCLAIMER OF LIABILITY:** Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The Miles River Yacht Club will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

**Wear Your Life Jacket at All Times on the Water**

See 15. Safety Regulations