

**SAILING INSTRUCTIONS
CITY ISLAND YACHT CLUB DAY RACE
August 11, 2013**

The City Island Yacht Club welcomes you to its 60th Annual Day Race starting at Can"1" NNE of Execution Rock. Following the race all participants are invited to join us at the City Island Yacht Club for complimentary food and refreshments and the announcement of awards.

1. RULES

- 1.1. The Racing Rules of Sailing (RRS) for 2013-2016, the prescriptions of US Sailing, the regulations of the Yacht Racing Association of Long Island Sound (YRA-LIS), the Notice of Race, and these Sailing Instructions, shall govern the race. In the event of a conflict, these Sailing Instructions shall govern.
- 1.2. All boats shall comply with the YRA-LIS PHRF regulations including the Minimum Equipment Recommendations of the YRA-LIS for category "C" races.

2. NOTICES TO COMPETITORS AND CHANGES IN SAILING INSTRUCTIONS

- 2.1. Notices to competitors and changes in these Sailing Instructions or division assignments, if any, will be announced via VHF radio Channel 72 no earlier than 1030 on the day of the start and up to the first warning signal.

3. SCHEDULE:

- 3.1. The first warning signal will be no earlier than 1055 hours.
- 3.2. No warning signal will be made after 1330 hours.

4. COURSES:

- 4.1. The courses are as indicated in the below table referencing the Marks described in paragraph 5 and Appendix 1, City Island Yacht Club Day Race Course Chart.
- 4.2. Marks shall be rounded to Port unless the mark letter in the table below is followed by an *. Marks followed by an * shall be rounded to Starboard.

Course	Marks	Distance
A	L N C	10.2 nm
B	F N C L N C	18.1 nm
C	N* L M	14.5 nm
D	M N F*	13.2 nm
E	M N C H P	17.0 nm
F	W N	9.2 nm
G	M* F L N	16.2 nm
H	F N* M*	13.2 nm
J	P* H* C* F N* M*	20.1 nm

Course	Marks	Distance
K	P N* W*	10.6 nm
L	P N* F* C* N* W*	18.7 nm
M	H P* M N	14.6 nm
N	P* H* C* N*	10.9 nm
P	P* H* C* N* M*	16.3 nm
R	C* N* W*	9.5 nm
S	C* N* W* F* M	16.3 nm
T	M N P*	11.8 nm
U	M N F W	16.8 nm

- 4.3. Courses shall be indicated on a board on the Race Committee Boat. The board will show the division numbers on the top of the board and course letters below each division number.

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4.4. The following government aids: Nuns 2, 4 and 6 used as aids to navigation along the north shore of Manhasset Neck, must be observed when not designated as marks that do not begin, bound or end the leg of the course the competitor is on. This changes RRS 28.2. All other government aids, when not designated as marks of the course, may be disregarded at the discretion of the skipper.

5. MARKS: The marks are as indicated below.

Mark	Name and Location	Characteristic	Position
S	Start/Finish, C"1" NNE of Execution Rocks Light	Green Can	40°53.47' N / 73°44.15' W
C	R"2" South of Larchmont / Hen and Chickens	Fl R 4s Bell	40°54.20' N / 73°44.40' W
N	R"42" Scotch Caps	Fl R 2.5s	40°55.48' N / 73°42.16' W
M	G"21" Matinecock Point Shoal	Fl G 4s Gong	40°54.53' N / 73°38.19' W
W	C"1" Weeks Point	Green Can	40°52.73' N / 73°39.50' W
L	R"6" Mott Point, east of Picket Rock	Red, Bell	40°51.66' N / 73°40.43' W
F	R"4" Hempstead Harbor Buoy, north of shoal	Red nun	40°52.22' N / 73°42.03' W
P	G"23" Prospect Point	Fl G 4s Gong	40°52.90' N / 73°42.98' W
G	G"27" Gangway Rock	Green Gong	40°51.49' N / 73°44.81' W
H	G"1" Hart Island, East Side, east side of shoals	Green Gong	40°51.42' N / 73°45.76' W
T	G"29" Hewlett Point	Fl G 4s	40°50.50' N / 73°45.30' W

6. START:

- 6.1. Races will be started using RRS 26.
- 6.2. The start line will be between an orange or yellow flag displayed on the Race Committee boat, and C"1" NNE of Execution Rocks Light. The Race Committee boat at the start may have one or more "anti-barging" buoys attached to her stern. The Race Committee boat, any such buoys, and the lines or fittings used to anchor or attach the buoys to the Race Committee boat, shall collectively constitute a starting mark.
- 6.3. All boats shall identify themselves to the Race Committee prior to the warning signal by passing the stern of the Race Committee boat and hailing RC with vessel name and sail number.
- 6.4. In the event of a Postponement ("AP") or General Recall ("1st Substitute"), that signal will be removed, accompanied by an audible signal, one minute before the Warning Signal for that Postponed or Recalled division restart.
- 6.5. Boats whose warning signal has not been made shall avoid the starting area.
- 6.6. A boat starting later than 4 minutes after their starting signal will be scored Did Not Start (DNS). This changes rule A4 and A5.
- 6.7. The Race Committee may attempt to hail On Course Side (OCS) boats on VHF Channel 72. Failure of the Race Committee to successfully notify an OCS boat by radio shall not relieve the OCS boat of its responsibility under RRS 28.1 nor be grounds for redress.

7. FINISH:

- 7.1 The finishing line will be between an orange or yellow flag displayed on the Race Committee boat and C"1" NNE of Execution Rocks Light.
- 7.2 The Race Committee may shorten the course as appropriate - RRS 32.1 and 32.2.

8. PENALTY SYSTEM:

- 8.1. The Scoring Penalty, RRS 44.3 shall not apply.

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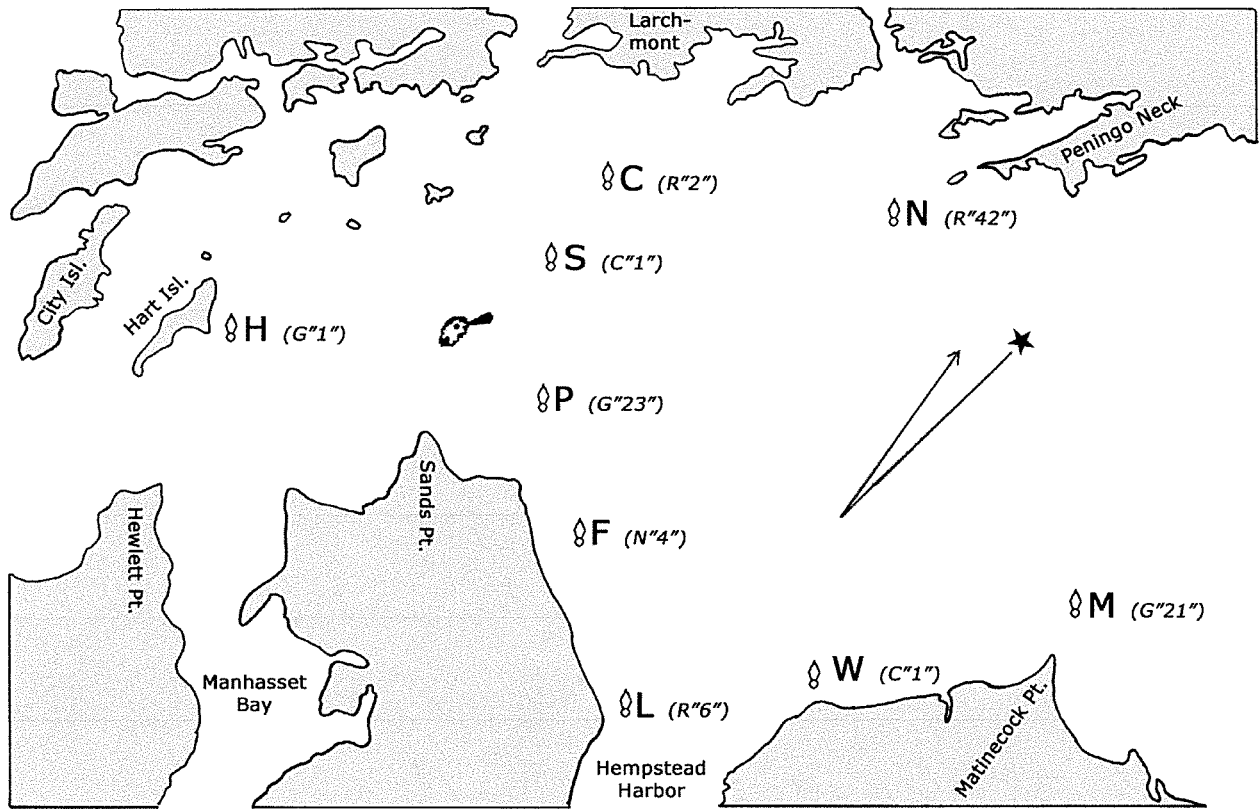
- 9. TIME LIMITS:** Any boat not finishing by 1600 hours shall be scored DNF. This changes RRS 35 and A4.
- 10. PROTESTS AND REQUESTS FOR REDRESS:** Protests shall be lodged in accordance with RRS 61 and 62 which are modified as follows:
- 10.1. A boat initiating a protest against another boat shall display a red flag from its backstay or equivalent position. This changes RRS 61.1(2).
 - 10.2. The protestor shall notify the Race Committee after finishing on VHF Chanel 72 of its intent to file including its name, the name of the protestee and the rule the protestor believes was broken.
 - 10.3. When all boats in all divisions have finished, the Race Committee will announce a summary of reported protests on Channel 72.
 - 10.4. Protests, completed on US Sailing protest forms or equivalent and Requests for Redress, in writing, must be received by the Race Committee at the City Island Yacht Club within two hours after all boats have finished. Protests and Requests for Redress shall be heard as soon as practical following the race at the City Island Yacht Club.
- 11. SCORING:**
- 11.1. Scoring for the PHRF divisions will be calculated using the Time on Distance method. Scoring for the IRC division(s) will be calculated using the IRC Time Correction Factor. One design divisions will be scored in order of finish.
 - 11.2. For the THEODORE KAUFER and the HAROLD LAURIDSEN MEMORIAL perpetual trophies, performance shall be determined based on corrected VMG (corrected time / course distance).
 - 11.3. Scoring for the WYNTJE perpetual trophy will be via the Low Point System.
- 12. SAFETY AND RESPONSIBILITY:**
- 12.1. All competitors are reminded of RRS, Rule 4, Decision to Race. The City Island Yacht Club will not accept any liability for property damage, personal injury or death sustained in conjunction with, prior to, during or after the regatta. Competitors participate in the regatta entirely at their own risk.
 - 12.2. Withdrawing boats MUST contact the Race Committee by VHF Channel 72 and continue to do so until acknowledged by the Race Committee. Failure to follow this procedure may result in unnecessary search and rescue procedures.
- 13. RADIO COMMUNICATIONS:**
- 13.1. Each boat shall carry a VHF radio capable of transmitting and receiving on Channel 72.
 - 13.2. Except when seeking or rendering assistance a boat shall neither make radio transmissions while racing nor receive special communications not simultaneously available to all boats. Contestants may not receive special weather, current or navigational information except by broadcast from a publicized source available to all competitors. Internet use is allowed for accessing all information publicly available at no fee.
 - 13.3. The Race Committee will endeavor to make courtesy announcements before and during the starting sequence on VHF Channel 72. All boats are encouraged to monitor this channel prior to and during the start.

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- 14. PRIZES:** Prizes will be announced at the conclusion of the race and presented at the City Island Yacht Club Awards Brunch, November 6, 2011. The following prizes will be awarded:
- 14.1. The THEODORE KAUFER perpetual trophy shall be awarded to the boat with the best overall performance in a Spinnaker Division.
 - 14.2. The HAROLD LAURIDSEN MEMORIAL perpetual trophy shall be awarded to the boat with the best overall performance in a Non-Spinnaker division.
 - 14.3. The WYNTJE Perpetual Trophy will be awarded to the boat with the best overall score in both the CIYC Women Skipper's Race (Saturday, August 10, 2013) and the CIYC Day Race (Sunday, August 11, 2013).
 - 14.4. DIVISION TROPHIES: First place trophies will be awarded in each division. Second place trophies will be awarded if there are more than 4 entries and third place trophies will be awarded if there are more than 5 entries.
- 15. MANAGEMENT:** The Race Committee shall have the authority to interpret the rules and conditions of the race, to assign boats to divisions, to decide protests and to reject the entry of any boat.
- 16. WELCOME:** The privileges of the City Island Yacht Club are extended to all participating boats. A limited number of complimentary guest moorings will be available from August 9th until August 12th to competitors in the August 10th Women Skipper's Race and/or the August 11th Day Race. Mooring reservations can be made by emailing the Dockmaster: Guest Mooring, or by calling 718-885-2487. The City Island Yacht Club launch monitors Channel 72 and is available 24/7.

James Dennis
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APPENDIX 1
CITY ISLAND YACHT CLUB DAY RACE COURSE CHART



COURSE	MARKS (1)	DIST
A	L N C	10.2 nm
B	F N C L N C	18.1 nm
C	N* L M	14.5 nm
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E	M N C H P	17.0 nm
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