

**CORINTHIAN SAILING ASSOCIATION
OF LAKE PONTCHARTRAIN
GENERAL SAILING INSTRUCTIONS**

Effective January 1, 2009
Revised April 13, 2011

1 CORINTHIAN SAILING ASSOCIATION (CSA) RULES

- 1.1 Races will be governed by the rules as defined in the Racing Rules of Sailing, 20092013 edition, hereinafter referred to as the “Rules”, the U.S. Sailing Prescriptions and addendum, and the GYA PHRF rules.
- 1.2 If a conflict exists between any of the above and the CSA Sailing Instructions, the CSA instructions will prevail.

2 NOTICES TO COMPETITORS

- 2.1 Notices to Competitors will be posted on the official CSA notice board located at the CSA office and <http://www.corinthians.org/>.
- 2.2 Any changes to these instructions will be posted on the official CSA notice board not later than one and a half (1.5) hours prior to the first start.

3 ENTRIES

- 3.1 Entries must be filed not later than the Skippers meeting prior to the start of a race or series of races.
- 3.2 Skippers may enter in one of the following defined classes:
 - Spinnaker Class
 - NonSpinnaker Class
 - Cruising Class
 - Multihull ClassBoats may not change classes during a series.
- 3.3 Sail Numbers. Boats shall carry sail identification numbers on the mainsail, spinnaker and headsails as required by Appendix G of the rules. The numbers of each sail shall match.
- 3.4 The skippers meeting shall be held one and a half (1.5) hours prior to the first start of a race at the CSA office or as posted on the official notice board. A representative of each boat must attend the Skippers’ meeting before a race series.
- 3.5 Entry fee for non-Corinthian members is \$10.00 per race event, \$25.00 per 3 race series, or \$40.00 per 5 race series (US Sailing members discount \$5.00). Payment is required in advance for all races in a series to be eligible for series awards.
- 3.6 The Race Committee may, at its discretion, allow additional entries for a series prior to the start of the second race.
- 3.7 PHRF Rating. A copy of a boat’s current GYA PHRF Certificate must be on file with CSA Race Committee prior to the start of the first race of a series. A boat without a current PHRF certificate on file will, upon request, be assigned a temporary rating by the Race Committee equal to the GYA rating for similar boats, less six (6) seconds per mile. This rating is not protestable, and is valid for

one race or series. Thereafter, the boat may race, but is ineligible for position or award. Rating changes and/or alterations to a boat are not permitted during a series.

4 CLASSES

4.1 Spinnaker Class.

4.1.1 Spinnaker Class boats may carry a spinnaker as defined by the rules. Spinnakers and equipment shall be as stated on the boat's PHRF certificate.

4.2 NonSpinnaker Class.

4.2.1 Headsails. A single headsail, of the maximum size specified by the PHRF rating, or smaller, may be carried and tacked at the usual tack point with its luff attached to the forestay either continuously as with luff tape or in interrupted fashion with hanks that are separated by no more than four (4) feet. During headsail changes, if two headsails are carried, their clews must both lie on the same side of the boat.

4.2.2 Whisker Poles. The length of the whisker pole is unrestricted. Whisker Poles must be attached to the mast and at or adjacent to the clew of the headsail. Only one whisker pole may be carried at a time.

4.2.3 Spinnakers, Bloopers or Pole less Spinnakers are not allowed.

4.2.4 Staysails are allowed, if tacked on centerline a minimum of 1/3 of the "J" dimension behind the jib tack point, and shall not exceed the rated overlap distance for which the boat is rated.

4.2.5 Cutter Rigs boats rated as such by PHRF may set staysails to the tack point provided by the boat manufacturer.

4.2.6 Yawl and Ketch Rigs. Mizzen staysails may be carried.

4.3 Cruising Class.

4.3.1 All restrictions listed above for a NonSpinnaker boat will apply.

4.3.2 In addition, the valid GYA PHRF Certificate for the boat shall indicate the "Cruising Credit".

5 SCHEDULE OF RACES

5.1 The CSA race schedule shall be as posted on the Official CSA Notice Board.

5.2 The time of the starting signal for the first race shall be the time listed on the CSA race schedule or announced at the skippers meeting. The race committee shall use GPS time as a time standard.

5.3 The Race Committee may combine classes or divisions.

5.4 The race committee may divide each class into two or more divisions. Class breaks based upon PHRF ratings will be posted at the skippers meeting.

5.5 The Boat of the Year Races shall use fixed rating bands as provided in Section 6.

6 RATING BANDS

6.1 Rating Bands shall be fixed in Boat of the Year Races as follows:

	Division		
Class	Spinnaker	Non-Spin	Multihull
Class A	96 or less	198 or less	Any
Class B	99-147	201 or more	
Class C	150 or more		

7 Class Flags

7.1 Class flags will be:

Spinnaker	White flag with “S”
NonSpinnaker	Green flag with “N”
Cruising	Pink flag with “C”
Multihull	White flag with “M”

8 RACING AREA

8.1 [Attachment “A”](#) shows the location of the racing area and fixed marks.

9 THE COURSES

9.1 The race committee will display the course to be sailed according to Rule 27. Fixed mark letters will designate the course with the first letter indicating the first mark after the start followed by subsequent marks in order of rounding. Number of rounds will follow mark letters if more than a single round is desired. Pass marks in the order displayed, on the side such that course to next mark does not cross course from previous mark. If the previous mark and next mark are the same, round marks to port.

9.2 For staggered starts, no race committee boat will be used. 9.1 is not in effect.

10 MARKS

10.1 Marks shall be fixed marks as described in [Attachment “A”](#). [Attachment “A”](#) describes the locations of the marks, the distance to and from each other, and bearings.

11 THE START

11.1 Races will be started by using rule 26 with the warning signal given 5 minutes before the starting signal.

11.2 If a class is broken into separate divisions, the race committee boat will display the division at the warning signal along with the class flag.

11.3 The starting line will be between an orange flag on the race committee boat and the nearby mark.

11.4 Boats whose warning signal has not been made shall avoid the starting area. Violators of this rule are subject to protest and may be disqualified.

11.5 For staggered starts, 11.1, 11.2, 11.3 11.4 do not apply, instead 11.6 and 11.7 are in effect.

11.6 For staggered starts, GPS time will be used. The individual start time is based on the GYA PHRF rating which can be found [here](#). Using the chart, find your rating and add the time shown to the official start time. i.e. Course APJA, Distance 9.51

nm, PHRF rating 138 = 25.41, Official Start Time 110000, Rating 138 GPS start time = 11:25:41

- 11.7 For staggered starts, the line shall be within 3 boat lengths of the mark and when the boat's bow crosses the plane of the starting mark.

12 RECALL

- 12.1 Individual recall will be as described in rule 29. The Race Committee will attempt to notify each premature starter by hailing her sail number. Failure to hear or respond to a hail is not grounds for redress.
- 12.2 General recall will be as described in rule 29.

13 THE FINISH

- 13.1 The Finish Line shall be between the orange flag displayed on the committee boat and the nearby mark.
- 13.2 For staggered starts, 13.1 does not apply instead 13.3 and 13.4 are in effect.
- 13.3 For staggered starts, the line shall be within 3 boat lengths of the mark and when the boat's bow crosses the plane of the finishing mark.
- 13.4 For staggered starts, all boats shall report their GPS Time and position by indicating the boat(s) directly in front and the boat(s) directly behind on the Corinthian's forum or to the Rear Commodore, either by phone or email.

14 TIME LIMITS

- 14.1 Time limits for each class are as follows:

Series	Time Limit	Mark
Wednesday Night races	(3) Three Hours	Finish
Regular triangle races	(4) Four Hours	Finish

- 14.2 If no boat in a class has finished within the time limit, the race for that class will be abandoned. The Race Committee Boat will signal abandonment and announce the abandonment over the VHF radio.
- 14.3 Boats failing to finish within thirty (30) minutes after the first boat in the same class finishes will be scored Did Not Finish (DNF). This changes rules 35 and A4, and A11.

15 PROTESTS AND REQUESTS FOR REDRESS

- 15.1 A boat intending to file a protest shall inform the Race Committee Boat of the protested boat's sail number and name upon finishing or at the first reasonable opportunity.
- 15.2 Protests shall be submitted to the CSA office on protest forms listed in the "rules" book. Copies of the protest form are available in the CSA office.
- 15.3 The time limit to file a protest is 60 minutes after the Race Committee Boat has docked.
- 15.4 The protest chairman shall schedule protest hearings. A representative of each boat involved in the protest must be available for the protest hearing.

16 SCORING

- 16.1 Ties will be broken in accordance with Appendix Rules A7 & A8.
- 16.2 A boat entering in a series, that did not sail a race or races in the series because the boat or skipper served on the race committee, shall be scored an average of her scores in that series, for those races.
- 16.3 A DNF (Did Not Finish) shall be one more points than the number of boats that finished within the time limit. This changes RRS 35, A4, and A11.
- 16.4 Ties will be broken in accordance with Rules A7 and A8.
- 16.5 Each boat's series score shall be the total of her race scores excluding her worst score, provided that three or more races in the series have been completed.

17 SAFETY REGULATIONS

- 17.1 A boat that retires from a race shall notify the race committee as soon as possible.
- 17.2 It is the sole responsibility of each skipper to determine if his boat and crew are capable of participating in the race. Each skipper is reminded to comply with all applicable State and Federal safety regulations.
- 17.3 It is the sole responsibility of each skipper to determine if PFD's shall be worn.
- 17.4 Radio. The race committee shall operate on and monitor VHF channel 68. Competitors shall monitor VHF Channel 68 during the race.
- 17.5 Running lights must be displayed between sunset and sunrise regardless of boat length. Violators are subject to protest and disqualification.

18 MISCELLANEOUS

- 18.1 Trash and Debris. No trash or debris will be thrown overboard at any time. Violators are subject to protest and disqualification.
- 18.2 Trophies will be awarded as announced.