

ISSA HIGH SCHOOL SINGLEHANDEDCHAMPIONSHIP
For the
CRESSY TROPHY
Sail Newport, RI
November 1-3, 2013
SAILING INSTRUCTIONS

1. RULES:

- 1.1 The regatta will be governed by the Racing Rules of Sailing 2013-2016, the prescriptions of US Sailing, the ISSA Procedural Rules, the ISSA Cressy Championship Conditions, the Notice of Race, and these Sailing Instructions. In the event of a conflict between the governing documents and the Sailing Instructions the latter shall take precedence. This changes rule 63.7.
- 1.2 The Organizing Authority (OA) is the Interscholastic Sailing Association in conjunction with host St George's School and NESSA
- 1.3 RRS appendix P is in effect modified per ISSA Procedural Rule 14(c).
- 1.4 Questions concerning the Sailing Instructions should be submitted to the Jury in writing.

- 2. NOTICE TO COMPETITORS:** Official notices including changes to sailing instructions will be posted on the official notice board located in the Mule Barn at Sail Newport. Changes to the sailing instructions shall be approved by the protest committee and posted no later than one half hour prior to the first warning signal on the day it will take effect.

3. SCHEDULE:

- 3.1. Report time for Saturday and Sunday will be 0830. The number of races each day will be at the discretion of the regatta chairperson.
- 3.2. No race will start after 1430 on Sunday November 3, except for a sail-off if needed.
- 3.3. Boat assignments will be distributed at registration

4. COURSES AND MARKS:

- 4.1. Courses will be in accordance with ISSA PR 7.7.
- 4.2. The race committee may designate course selection and the fleet (Full or Radial) starting orally.
- 4.3. The race committee may substitute a gate instead of a single leeward mark, if it does so the course board will indicate so with a "G" after the course, fly code flag lima and hailing the change. If a gate is in use a boat shall sail between the marks of the gate from the direction of the previous mark. The race committee may utilize a windward offset mark, if it chooses to deploy an offset it will indicate it's use by flying code flag lima and hailing the change."
- 4.4. All marks will be yellow inflatable tetrahedrons.
- 4.5. In accordance with ISSA PR 7.7(c) after the starting signal, the race committee may change the position of any mark to maintain course configuration, provided that no boat is on that leg of the course. No signals are required (changes RRS 33).

- 5. SHORTENING AND ABANDONING RACES:** In accordance with ISSA PR 7.7(d) races will not be shortened. They will be abandoned. No signals are required. A race may be abandoned at any time at the discretion of the race committee, in consultation with the protest committee if possible.

6. START, FINISH, AND RECALLS:

- 6.1. Races will start in accordance with ISSA PR 7.8(a).
- 6.2. Individual recalls will be made in accordance with RRS Appendix S6.
- 6.3. General recalls will be signaled by a series of short whistles. After a general recall, the round the ends provision of RRS 30.1 shall apply except Flag I need not be displayed in accordance with ISSA PR 7.8(b) (Changes RRS 30.1).

- 6.4. The start line will be between the course side of a staff displaying an orange flag and a nearby orange inflatable mark.
- 6.5. The finish line will be between the course side of a staff displaying a blue flag and a nearby orange inflatable mark.
- 7. BREAKDOWNS:**
 - 7.1. Breakdown requests shall be filed in the same manner as protests.
 - 7.2. Breakdowns shall be scored in accordance with ISSA PR 9(e). Compensation shall be consistent with ISSA PR Appendix 3.
- 8. PROTESTS:** Protests procedure will be in accordance with ISSA PR Part VI. Per Procedural Rule 8(b), competitors shall not communicate with a coach before reporting to the race committee their intent to protest.
- 9. SCORING:** Scoring will be in accordance with ISSA PR 9.
- 10. COACHING:**
 - 10.1. Coaches, team leaders, chaperones, advisors, parents, or other support personnel shall not go afloat in the sailing area on the published dates of the regatta, unless explicitly permitted by the regatta chairperson. The penalty for failing to comply with this requirement may be the disqualification of all boats, competitors, and teams associated with the infringing personnel.
 - 10.2. Competitors may receive coaching, including instruction, assistance, equipment or sustenance, only while on shore or areas designated by the regatta chair.
- 11. SAFETY:**
 - 11.1. Per Procedural Rule 2.2, competitors shall wear USCG approved Type III or V lifejackets. Inflatable type lifejackets are not permitted.
 - 11.2. A boat that retires from a race shall notify the race committee either before leaving the course, or if that is impossible, immediately after arriving ashore.
- 12. FORMAT:** The race committee will attempt to complete 18 races in each fleet.
- 13. TROPHIES:**
 - 13.1. Prizes will be awarded to schools placing 1st, 2nd and 3rd in the regatta. The top school will have its name engraved on the perpetual Cressy trophy.
 - 13.2. Cressy will award trophies in both the full rig and radial fleets.
- 14. WAIVER OF LIABILITY:** Sailing is an activity that has an inherent risk of damage and injury. Competitors in this event are participating entirely at their own risk. See RRS 4, Decision to Race.
The race organizers (organizing authority, race committee, protest committee, host club, sponsors, or any other organization or official) will not be responsible for damage to any boat or other property or the injury to any competitor, including death, sustained as a result of participation in this event. By participating in this event, each competitor agrees to release the race organizers from any and all liability associated with such competitor's participation in this event to the fullest extent permitted by law.
- 15. RIGHTS TO USE NAME AND LIKENESS:** By participating in this event, competitors automatically grant to the Organizing Authority and the event sponsors the right, in perpetuity, to make, use and show, at their discretion, any photography, audio and video recordings, and other reproductions of them made at the venue or on the water from the time of their arrival at the venue, until their final departure, without compensation.