

2013 NCWSA Regatta - September 7th, 2013
North Coast Women's Sailing Association
Edgewater Yacht Club, Cleveland, OH

SAILING INSTRUCTIONS

1 RULES

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2 Pursuant to Article 7.8 of the PHRF-LE Rules, this race series is designated "Club Only". PHRF-LE ratings shall be used for all boats.
- 1.3 To the extent allowable under Rule 87, by the rules of each one-design class, and under 1.2 (above), fleet rules are modified as follows: The use of marine VHF radios, Loran and/or GPS is allowed. Rules concerning class membership, crew weight limitations, sail measurement and measurement certificates are waived.
- 1.4 In the event of a conflict between the Notice of Race and the Sailing Instructions, the Sailing Instructions shall prevail. This changes Rule 63.7.

2 NOTICES TO COMPETITORS

- 2.1 Notices to competitors will be posted on the official notice board(s) located on the Edgewater Yacht Club ("EWYC") patio.

3 CHANGES TO SAILING INSTRUCTIONS

- 3.1 Any change to the sailing instructions will be posted on the official notice board(s) prior to 09:00 on Saturday, September 7th.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed at the flagpole north of the EWYC patio.
- 4.2 When flag AP is displayed ashore, "1 minute" is replaced with "not less than 60 minutes" in the race signal AP.

5 SCHEDULE OF RACES

- 5.1 The regatta schedule is as follows:
 - Friday September 6th, 2013:
 - 18:00 – 20:00: Skippers packets available for pickup at EWYC
 - Saturday September 7th, 2013:
 - 08:00: Coffee & Donuts
 - 08:45: Mandatory Skippers Meeting (Main Club Room)
 - 09:55: First Warning signal
 - After Racing: Awards & Entertainment
- 5.2 Number of races: A maximum of five (5) races are scheduled. No initial warning signal will be made after 15:30.

6 CLASS FLAGS

6.1 Class flags will be:

<u>Class</u>	<u>Flag</u>
Ensign	Numeral One (white with red circle)
J/22	Numeral Two (blue with white circle)
JAM	Numeral Three (red, white and blue)
PHRF	Numeral Four (red with white cross)

7 RACING AREAS

7.1 The racing area will be north of EWYC on Lake Erie.

8 THE COURSES

8.1 Exhibit A (PHRF, J/22, Ensign), and Exhibit B (JAM) show the courses to be sailed, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.

8.2 No later than the preparatory signal, the race committee signal boat will display the course to be sailed (“A”, “B” or “C”) and the approximate compass bearing of the first leg, rounded to the nearest 10 degrees (i.e., 270 degrees will be posted as 27). This changes rule 27.1.

8.3 When the course is shortened at the leeward mark, the finish line will be between the race committee signal boat and the yellow finish mark. In this case, the leeward mark will no longer be considered a mark of the course and may be passed on either side. This changes rule 32.

9 MARKS

9.1 All “dropped” marks shall be inflated cylinders or tetrahedrons.

9.2 Windward, and all leeward and jibe marks shall be orange.

9.3 Change marks shall be yellow. Subsequent changes will use the original marks.

9.4 The starting and finishing marks shall be yellow.

10 THE START

10.1 The starting line will be between a staff displaying an orange flag on the race committee signal boat and the yellow mark on the port side of the race committee signal boat.

10.2 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.

10.3 A boat starting later than five (5) minutes after her starting signal will be scored Did Not Start without a hearing. This changes rules A4 and A5.

10.4 The initial sequence of starts and associated “class” flags are detailed in Exhibit C. Following the first race of the day for each fleet, the Race Committee may, at its own discretion, start multiple fleets simultaneously and/or change the order of starts.

11 CHANGE OF THE NEXT LEG OF THE COURSE

11.1 To change the next leg of the course, the race committee may move the original mark, or lay a change mark and remove the original mark as soon as practicable.

12 THE FINISH

- 12.1 The finishing line will be between the staff displaying an orange flag on the race committee signal boat and the nearby yellow finish mark on the starboard side of the race committee signal boat.

13 PENALTY SYSTEM

- 13.1 The first two sentences of rule 44.1 are changed to: ‘A boat may take a One-Turn Penalty when she may have broken a rule of Part 2 or rule 31 while racing. However, when she may have broken a rule of Part 2 while in the zone around a mark other than a starting mark, her penalty shall be a Two-Turns Penalty.’
- 13.2 The Scoring Penalty, rule 44.3 will apply in the event that a male coach provides assistance to a boat while racing, including in an emergency. Rule 44.3 is modified as follows: (1) The boat need not fly a yellow flag, but shall immediately inform the race committee, and (2) the penalty applied under 44.3(c) shall be 40%.
- 13.3 A boat wishing to protest another boat under SI 18 (Coaching) shall follow the procedures described in Rule 61.1(a).

14 TIME LIMITS

- 14.1 If no boat has passed Mark 1 within thirty (30) minutes of the start, or if no boat finishes within ninety (90) minutes of the start, the race shall be abandoned. Failure to meet the time limits will not be grounds for redress. This changes Rule 62.1(a).
- 14.2 Boats failing to finish within fifteen (15) minutes after the first boat of the fleet sails the course and finishes will be scored Time Limit Expired (TLE) without a hearing. This changes rules 35, A4 and A5.

15 PROTESTS AND REQUESTS FOR REDRESS

- 15.1 A boat intending to protest or request redress based on an incident in the racing area that she is involved in or sees shall, at the first reasonable opportunity after she finishes, inform the race committee at the finishing line of her intent to protest or request redress and, when applicable, the identity of the protestee.
- 15.2 Protest forms are available at the EWYC Chart Room. Protests and requests for redress or reopening shall be delivered to the NCWSA Race Chair or her designated representative within the protest time limit.
- 15.3 For each class, the protest time limit is 60 minutes after the Race Committee boat docks following the last race of the day. The Race Committee will post the protest time limit on the official notice board.
- 15.4 US Sailing Prescriptions detailed in Appendix T4 (Expedited Hearings; Changes in Hearing Procedures) shall apply.

16 SCORING

- 16.1 One race is required to be completed to constitute a series.
- 16.2 The Low Point Scoring System of Appendix A shall apply. Each boat’s score will be the total of her scores in all races. This changes Rule A2.
- 16.2 The following scores will be assigned as appropriate. This changes rules 44.3, A4.2, A5 and A9:
- (a) DNS shall be given a score equal to the number of boats starting plus 2;

- (b) DNF shall be given a score equal to the number of boats starting plus 2;
- (c) TLE shall be given a score equal to the number of boats starting plus 1; and
- (d) DSQ shall be given a score equal to the number of boats starting plus 2.

17 SAFETY REGULATIONS (CHECK-IN AND CHECK-OUT)

- 17.1 Before racing, on each race night, all boats shall check in with the race committee signal boat by sailing across her stern and hailing their sail number until acknowledged. The race committee may check in any boat sailing nearby, but is not required to do so.
- 17.2 A boat that retires from a race or decides to leave the racing area shall notify the race committee by hail or VHF channel 71 before leaving the racing area or as soon as possible thereafter.

18 COACHING

- 18.1 No more than one (1) coach, either male or female, is allowed on boats that normally sail with five (5) or fewer crew (including skipper). No more than two (2) coaches, male or female, are allowed on boats that normally sail with more than five (5) crew (including skipper). The Race Committee, in its sole discretion, whose decision is final and without appeal, shall determine the allowable number of coaches for each boat.
- 18.2 While racing, a male coach may only provide verbal coaching and may not assist the crew physically, except in an emergency. In the event that a male coach provides assistance to a boat while racing, including in an emergency, the penalties outlined in SI 13.2 shall apply.
- 18.3 If the boat owner and skipper disagree on any issue, the owner's decision will prevail.
- 18.4 This (18.1-18.4) changes RRS 41.

18 RADIO COMMUNICATION

- 18.1 Except in an emergency or as allowed in the Sailing Instructions, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile phones.
- 18.2 All communications with the Race Committee shall be on VHS channel 71.
- 18.3 Communications between the Race Committee that may be overheard by a competitor shall not be grounds for redress. This changes Rule 62.1(a).

19 PRIZES

- 19.1 Prizes will be given as follows: first three places in each racing fleet or division with (3) or more boats registered.

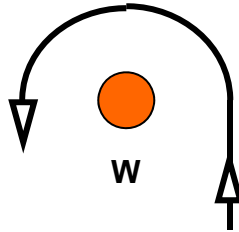
20 DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

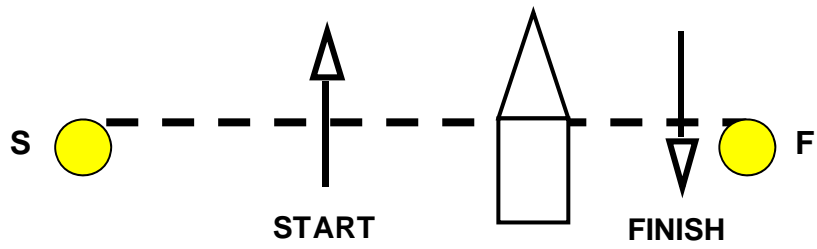
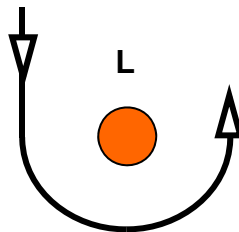
21 INSURANCE

Each participating boat shall be insured with valid third-party liability insurance as required by EWYC.

EXHIBIT A: COURSE DIAGRAM – PHRF, Ensign, J/22

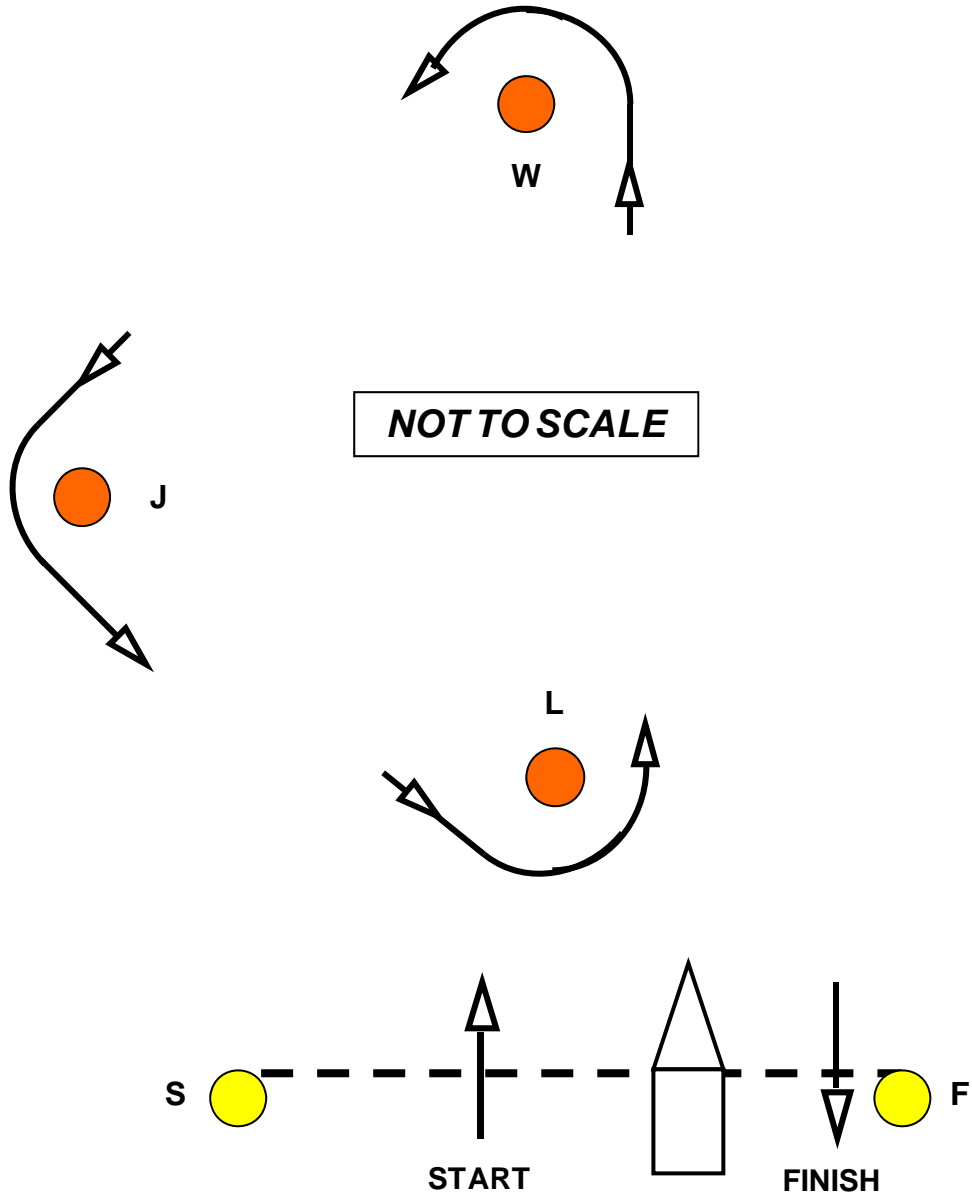


NOT TO SCALE



Course	Mark Sequence
"A"	Start – W(port) – Finish
"B"	Start – W(port) – L(port) – W(port) -- Finish
"C"	Start – W(port) – L(port) – W(port) – L(port) – W(port) -- Finish



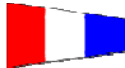
EXHIBIT B: COURSE DIAGRAM – JAM



Course	Mark Sequence
"A"	Start – W(port) – J(port) – Finish
"B"	Start – W(port) – J(port) – L(port) – W(port) – Finish

EXHIBIT C: INITIAL STARTING SEQUENCE

The following is the initial starting sequence for racing:

<u>Sequence</u>	<u>Fleets</u>	<u>Class Flags</u>
Start #1	Ensign	
Start #2	J-22s	
Start #3	JAM	
Start #4	PHRF	