

**SAILING INSTRUCTIONS**  
**USA Junior Olympic Sailing Festival**  
**7-8 DECEMBER 2013**  
(These instructions **DO NOT** apply to Green Fleet)

US SAILING Center of Martin County  
1955 NE Indian River Drive  
Jensen Beach, Florida

1. RULES

- 1.1 This regatta will be governed by the rules as defined in *The Racing Rules of Sailing* (RRS).
- 1.2 “Conditions for USODA Events”, including the USODA ‘Code of Conduct’, will apply, and can be found at [www.usoda.org](http://www.usoda.org). Competitors, Coaches, Parents, and Guardians shall abide by the USODA ‘Code of Conduct’. This includes behavior both on and off the water including respect for all other persons, personal property of others, USSCMC, and the City of Jensen Beach.

2. ELIGIBILITY AND ENTRY

- 2.1 Each sailor shall have registered, paid fees, and entered under the terms stated in the NOR.

3. NOTICES TO COMPETITORS

- 3.1 Notices to competitors will be posted on the Official Notice Board located at Regatta Headquarters. Each competitor has the responsibility to check this Board for information pertaining to the regatta.

4. CHANGES IN SAILING INSTRUCTIONS

- 4.1 Any change in the Sailing Instructions will be posted before 0830 on the day on which it will take effect.
- 4.2 Changes to the schedule of races will be posted before 1830 on the day before the change is to take effect.

5. SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed on the flagpole at the end of the dock at Regatta Headquarters. Flag “AP” (Answering Pennant) with two sounds, means: “The racing is postponed. Do not leave the harbor.” The first warning signal will be displayed not less than 30 minutes after “AP” is lowered (one sound).

6. SAILING AREA

Racing will take place on the Indian River east of the Sailing Center.

7. COMPETITORS’ MEETING

- 7.1 The competitors’ meeting for all classes except Green Fleet will be held at 1000 on Saturday 7 December 2013 at Regatta Headquarters. Attendance is mandatory.

8. SCHEDULE OF EVENTS

- 8.1 If the fleet is not split, twelve races per class are scheduled; one race per class constitutes a regatta.
- 8.2 At the discretion of the Race Committee, the fleet may be divided into four divisions. In the event it is split into four divisions, four round robins are scheduled. One complete round robin constitutes a regatta. In the case of four divisions, a complete round robin is six races.
  - 8.2.a Division assignments will be posted on the Official Notice Board after the Competitors' Meeting. Competitors are responsible for obtaining the correct color ribbon and installing it on their boat.
  - 8.2.b Competitors will remain in the same division throughout the regatta.

8.2 The schedule is as follows:

Friday 6 Dec	1600-1800	Early check-in and Registration
Saturday 7 Dec	0800	Continental Breakfast
	0800-1000	Check-in and Late Registration
	1000	Competitors' Meeting
	1100	First Signal
	1700	Cook out at the USSCMC
Sunday 8 Dec	0800	Continental Breakfast
	0930	First Signal, all classes
	1430	No warning after this time
		Awards - as soon as practical after racing

9. COURSES

- 9.1 See attachments
- 9.2 The course will be designated by letters and/or numerals displayed on the white board on each circle's RC signal boat.
- 9.3 A gate at the leeward mark may be used. If a gate mark is missing, round the remaining one to port.
- 9.4 An offset mark may be used at the windward mark.

10 MARKS

- 10.1 For all classes, except Opti Green, marks will be either yellow or orange tets. Pins will be contrasting cylinders. Offset mark, if used, will be a smaller, contrasting tet.

11 STARTING SIGNALS

- 11.1 Races for all classes will be started using RRS 26 (Starting Systems).
- 11.2 For all classes, if the fleet is not split, the class flag for all starts will be green. If the fleet is split into four divisions, the class flag for each start will be displayed as one of two, colored, class flags flown together.

- 11.3 Start line will be either:
  - 11.3.1 between a staff displaying an orange flag on an RC Boat at the starboard end of the line and the port end starting mark, or,
  - 11.3.2 between staffs displaying orange flags on RC Boats at each end of the starting line.
- 11.4 A boat starting later than 5 minutes after her starting signal will be scored, “Did Not Start” (DNS). This changes Rule A4.1 and A5.
- 11.5 Succeeding Classes will be started at any time after the starting signal for the preceding class by displaying the Warning Signal (class flag) for the succeeding class.
- 11.6 The time limit for each race is one hour.

## 12 FINISH

- 12.1 Finish line will be either:
  - 12.1.1 between a staff with an orange flag on a RC boat and the port end finish mark or,
  - 12.1.2 between staffs displaying orange flags on RC Boats at each end of the line.
- 12.2 RRS 35 is modified such that if a boat or boats are unreasonably delaying the completion of a race and the start of subsequent races the Race Committee may award a boat or boats that have not finished and are still racing a finish place on the water or award them points equal to the average of the places they would have received had they finished and direct them to return to the starting area. Fractions are rounded up.

## 13 SCORING

When six or more races are completed, each boat’s series score shall be the total of her race scores excluding her worst score.

## 14 PENALTY SYSTEM

Appendix T, Section B will apply.

## 15 ARBITRATION

Protests involving two boats, shall be arbitrated using Appendix T, Section D.

## 16 PROTESTS

- 16.1 Immediately after finishing or withdrawing from the race in which the infraction occurred, a protesting yacht shall notify the RC of the racing number of any and all protested yachts. Notice shall be given to the Finish boat. If that boat is not on station, the report can be given to any other Race Committee boat. The Race Committee must acknowledge the hail by protesting yachts.
- 16.2 Upon landing, the Race Committee shall post on the Official Notice Board the time of landing of the Race Committee Signal boat, the numbers of all yachts protesting and being protested that were received and all yachts penalized by the Race Committee.
- 16.3 Protests shall be written on forms available at Regatta Headquarters and filed within

the protest time limit which is 30 minutes after the time of landing of the Race Committee signal boat. This changes RRS 61.3.

- 16.4 Protests will be heard in the approximate order in which they were posted and the hearings will start as soon as practical but not later than the close of protest time.
- 16.5 RRS 62.1 shall be modified by adding: 62.1(e) failure of equipment chartered from USSC, Martin County.

## 17 SAFETY

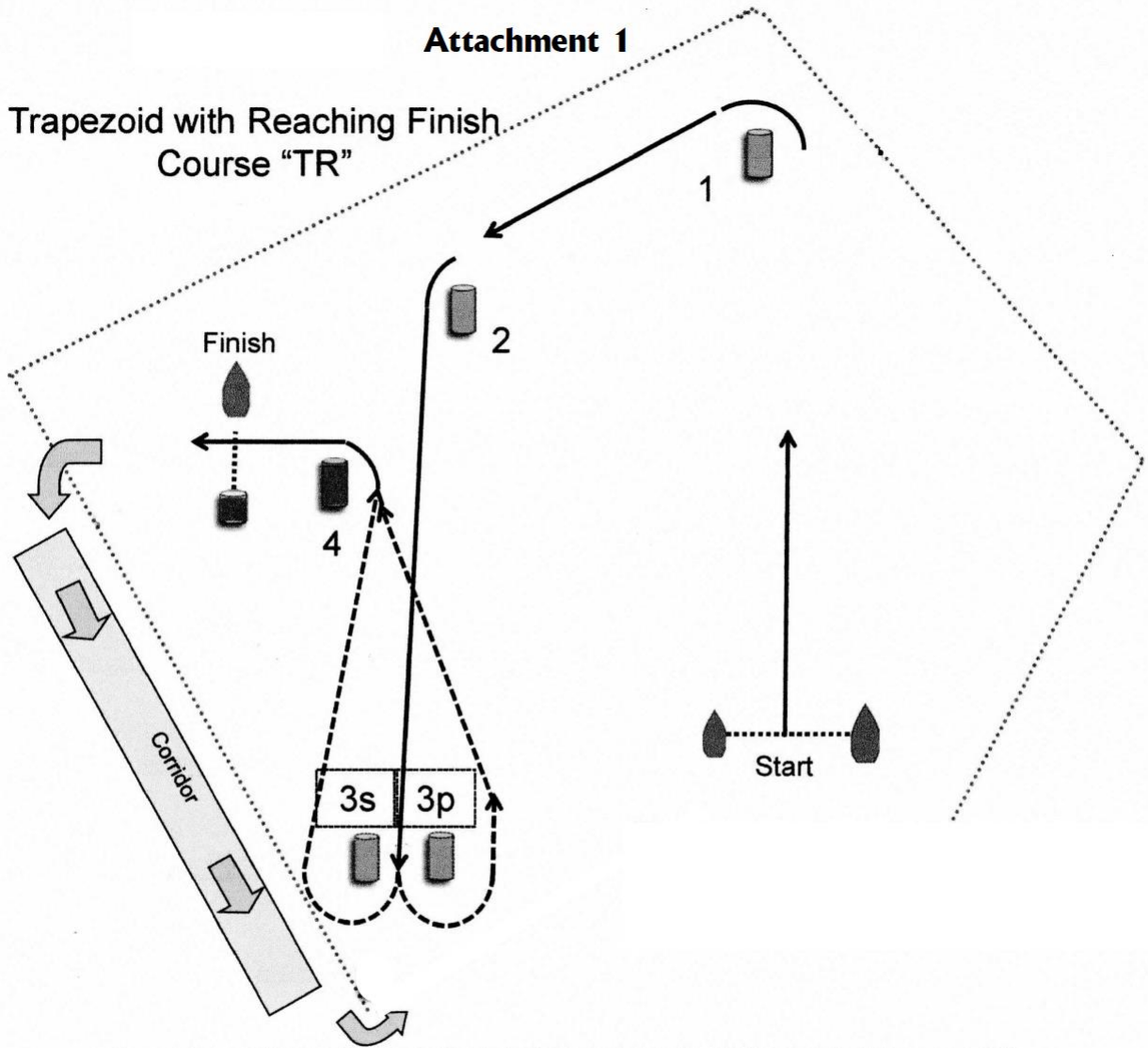
- 17.1 Competitors who are US citizens or US residents must wear a US Coast Guard approved personal flotation device (PFD), properly secured at all times, from dock to dock except when temporarily adding or removing clothing. Competitors who are citizens or residents of another country shall wear either a US Coast Guard approved PFD or a PFD approved by the country of their citizenship or residence, properly secured at all times, from dock to dock except when temporarily adding or removing clothing. Wet suits, dry suits and inflatable PFD's do not constitute adequate personal buoyancy. Failure to do so is protestable only by Race Committee.
- 17.2 If any yachts have finished a race before the onset of foul or threatening weather and the Race Committee determines to clear yachts from the water, the RC signal boat will blow three (3) horns and display Code Flag "H" at which time all remaining yachts racing shall immediately abandon the race and go ashore. The Chief Judge may either score any yachts not finished or order the race abandoned.
- 17.3 Each Optimist must be equipped with a suitable towline and a bailing scoop.
- 17.4 A boat that withdraws or retires for any reason shall inform the RC of their intention for that race and any other scheduled races, or, when that is impossible, immediately upon arriving ashore. Failure to do so may result in disqualification from subsequent races that day.
- 17.5 Each boat shall check in with the Race Committee boat displaying Code Flag "L" before the first race of each day.

## 18 COACH AND SUPPORT BOATS

- 18.1 Team leaders, coaches and other support personnel shall not be in the racing area, or within 300 feet of boats racing, from the time of the warning signal for the first class to start until all boats have finished that race or the race committee signals postponement, general recall or abandonment. If the jury receives a report of a violation of this rule, it may call a hearing to investigate the incident and may report the infraction to their Club and US SAILING or penalize boats associated with the support personnel who do so.
- 18.2 Coaching will be allowed for only the bottom half of the Green Fleet, the procedures for which will be discussed at the Competitors' Meeting.

# Attachment 1

Trapezoid with Reaching Finish  
Course "TR"

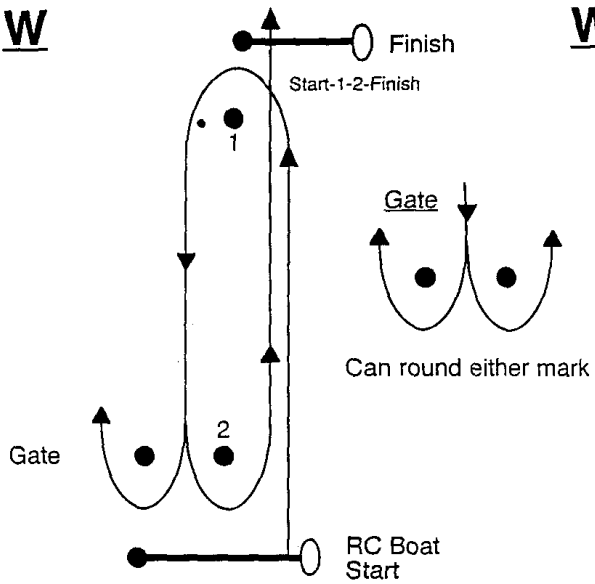


Course: Start, 1, 2, 3s/3p, 4, Finish.

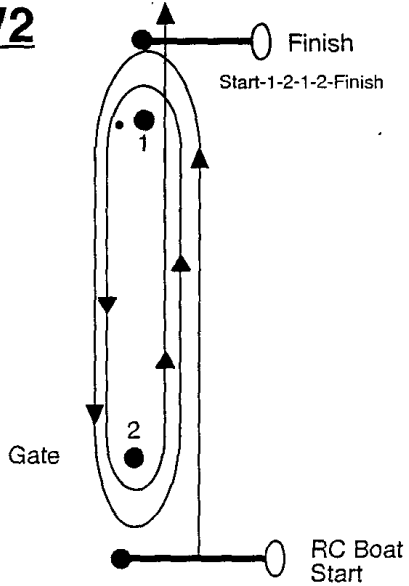
Racing area is marked in dots

## Courses

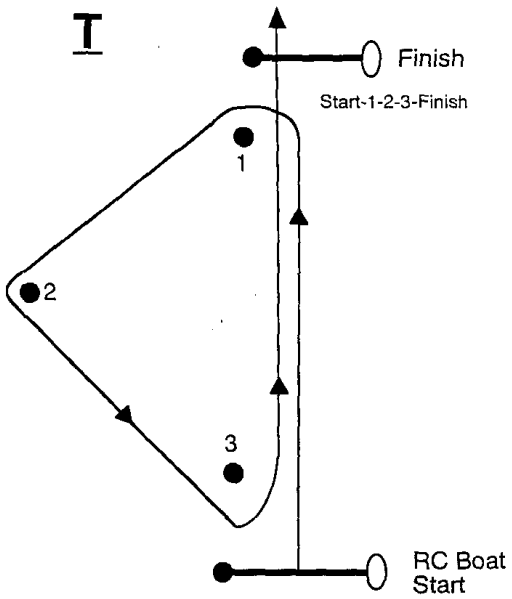
**W**



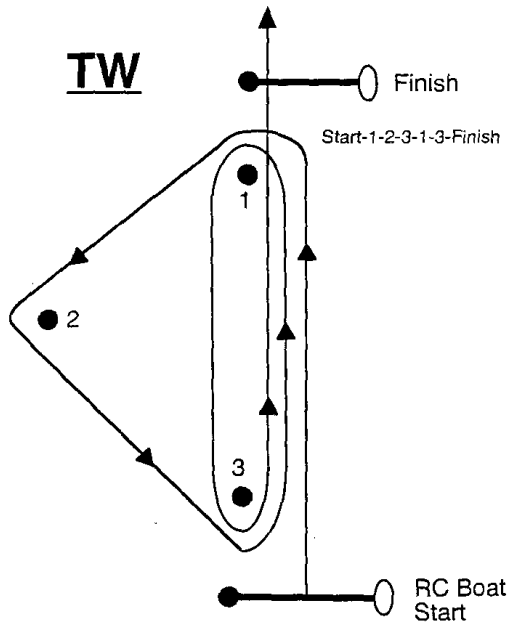
**W2**



**I**



**TW**



**GREEN FLEET SAILING INSTRUCTIONS**  
**USA Junior Olympic Sailing Festival**  
**7-8 December 2013**  
**US SAILING Center of Martin County**

Opti Class Philosophy: USODA is a teaching class and GREEN FLEET is its introductory fleet for novice sailors. The Rules of Sailing are important and taught, but learning to race while having fun is equally stressed. These sailing instructions are structured within The Racing Rules of Sailing to provide a flexible, less structured and less formal racing environment. Green Fleet is not scored, all participants receive participation awards. While race placement and progress may be tracked, who places first is less important than learning, improving and having fun along the way. Parents and competitors who are looking for a more competitive environment should consider the red, white and blue racing divisions.

**1 RULES**

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2 “Conditions for USODA Events”, including the USODA ‘Code of Conduct’, will apply, and can be found at [www.usoda.org](http://www.usoda.org). Competitors, Coaches, Parents, and Guardians shall abide by the USODA ‘Code of Conduct’. This includes behavior both on and off the water including respect for all other persons, personal property of others, USSCMC, and the City of Jensen Beach

**2 NOTICES TO COMPETITORS**

Notices to competitors will be posted on the official green fleet notice board located on the upper deck of the Sailing Center.

**3 CHANGES TO THE SAILING INSTRUCTIONS**

- 3.1 Any change to the sailing instructions will be posted on the official notice board by the end of the competitors meeting each day.
- 3.2 The race committee may change the sailing instructions on the water by hoisting flag L with one sound and hailing the change by loud hailer.

**4 SIGNALS MADE ASHORE**

- 4.1 Signals made ashore will be displayed from the flag pole near the end of the main dock.
- 4.2 AP displayed ashore means “Racing is postponed, do not leave the beach.” When AP is displayed ashore, 1 minute is replaced by 30 minutes in Race Signals “AP”.

**5 SCHEDULE OF RACING**

The schedule is as follows:

Friday 6 Dec	1600-1800	Early check-in and Registration
Saturday 7 Dec	0800-1000	Check-in and Late Registration
	1030	Competitors’ Meeting
	1130	First Warning
	1700	Cook out at the USSCMC

Sunday 8 Dec	0800	Continental Breakfast
	0900	Competitors Meeting
	1000	First Warning
	1400	No warning after this time
		Awards - as soon as practical after racing

The schedule may change based on conditions and the requirements of the sailors. Watch the notice board for information.

## **6 CLASS FLAG**

The class flag will be a green or pink flag with the OPTI logo.

## **7 RACING AREA**

The racing area will be announced at the Green Fleet meeting. This may change each day based on conditions.

## **8 THE COURSES**

The courses will be as shown on the course diagram.

## **9 MARKS**

Primary marks will be orange inflatable cylinders. Start and finish marks will be yellow.

## **10 THE START**

Races will be started according to rule 26 (5-minute sequence). The starting line will be between a staff displaying an orange flag and the nearby inflatable mark.

## **11 CHANGE OF THE NEXT LEG OF THE COURSE**

The race committee will make slight adjustments to the course by dragging the original marks.

## **12 THE FINISH**

The finish line will be between a staff displaying an orange flag and the nearby inflatable mark.

## **13 PENALTY SYSTEM**

The penalty system described in rule 44.1 and 44.2 is changed so that only one-turn, including one tack and one jibe is required. This changes rule 44.1.

## **14 PROTESTS AND REQUESTS FOR REDRESS**

Green Fleet is not scored. Protests are teaching opportunities. The hearing will be open to all competitors, parents and coaches. An expedited hearing procedure in accordance with Appendix T Section C will be used.

## **15 SCORING**

Green Fleet is not scored. All participants receive participation medals. While placement and progress may be tracked, who places first is less important than learning and improving, and having fun along the way.



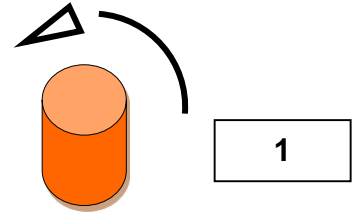
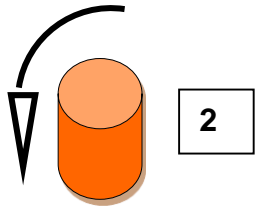
## **16 COACHING**

Coaching is allowed at the discretion of the race committee. Coaching should focus on the bottom half of the fleet. Individual coaching is not allowed, coaching on the water is for all and all coaches are required to assist all sailors. All coaches are required prominently display their coach flag and number and to have VHF radios on and operating on the Green Fleet race committee channel at all times with racing is underway. The race committee has the right to remove from the Green Fleet course any coach who disregards the instructions of the race committee.

## **17 SAFETY**

- 17.1 Competitors shall wear a personal floatation device at all times while on the water. The PFD shall be approved by the USCG or by the appropriate government agency is the competitor's permanent country of residence. This changes RRS 40.
- 17.2 Competitors shall check in with the Signal boat by sailing, or being towed, past the transom and hailing their sail number. No competitor is to leave the sailing area without notifying the Race Committee. All competitors shall be accompanied by a support boat when returning to the sailing center.

2013 JUNIOR OLYMPIC REGATTA  
GREEN FLEET COURSE DIAGRAM



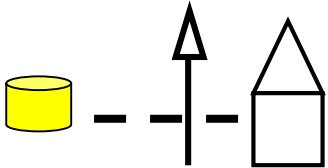
**COURSE NOT TO SCALE**  
**NOTE: THE ENTIRE RACING AREA IS**  
**LOCATED WITHIN A MANATEE SLOW**  
**SPEED ZONE.**  
**NO WAKE IS PERMITTED.**

Signal Boat

Finish



START



SPECTATOR AREA

3

