2014 GOLDEN BEAR REGATTA

February 22-23, 2014

SAILING INSTRUCTIONS

VENUE: Treasure Island Sailing Center

ORGANIZING AUTHORITY: Pacific Coast Interscholastic Sailing Association

HOSTS: Bay Area Youth Sailing (EYC, PYSF, RYC, SFYC, StFYC) and U.C. Berkeley

RACE COMMITTEE: The San Francisco Yacht Club

1. RULES

The regatta will be governed by the rules as defined by *The Racing Rules of Sailing*, the prescriptions of US SAILING, the ISSA Procedural Rules (as modified by PCISA), the rules of the CFJ Class (except as any of these are altered by the Sailing Instructions, or the ISSA Procedural Rules), the Notice of Race, and by these Sailing Instructions.

2. NOTICES TO COMPETITORS

Notices will be posted on the official regatta notice board located at the Treasure Island Sailing Center (TISC) or made orally to all competitors on the water.

3. CHANGES TO THE SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted before 1000 on the day it will take effect, except that any change in the schedule of races will be posted by 1800 on the day before it will take effect.

4. ROTATION

- 4.1 Boats will be rotated between races. A rotation schedule will be provided at or immediately after the competitors' meeting.
- 4.2 Rotations will be made on the TISC floating docks unless otherwise specified at the competitors' meeting, or on the water.

5. BOATS & SAILS

- All boats need to be inspected by a designated regatta representative before launching or racing. All teams will be responsible for rigging and unrigging the boat that they sail in the first rotation of the regatta each evening and morning. In most cases this will be the boat that was brought, borrowed or chartered for the regatta. Failure to properly care for boats and/or sails may subject a team to protest under this SI.
- Each team will be issued a set of PCISA sails and jib sheets. Teams will be responsible for their originally issued set of sails and jib sheets and for returning those items at the end of racing on Sunday. Final race results will not be posted until all sets of sails have been returned. Sails should be clean, dry (if possible), and rolled carefully on a clean surface (not on blacktop), and placed in their bags (unless otherwise instructed). Sails MUST BE STORED INSIDE the boat they are assigned to during the night on Saturday unless specific other instructions are given by the Race Committee.

6. COMPETITORS' MEETINGS

MANDATORY Competitors' meetings will be held on Saturday, January 22 at 1000 and on Sunday, January 23 at 0930.

7. **SCHEDULE OF EVENTS** (all times approximate and subject to change)

	Saturday, February 22, 2014		Sunday, February 23, 2014
8:30 -	Continental Breakfast	8:30 -	Continental Breakfast
10am	Check-in and Boat Inspection	9:30am	
10am	Competitors' Meeting (Mandatory)	9:30am	Competitors' Meeting (Mandatory)
11am	Racing begins	10:30am	Racing begins
12:30 -	Lunch served between rotations	12:30 -	Lunch served between rotations
2:00pm		2:00pm	
		4pm	No Start after this time
		5pm	Awards Ceremony (approx.)

8. RACING AREA

The Racing Area will be in Clipper Cove, with rotations made from the TISC floating dock only, unless otherwise specified by the RC. Coaches and spectators can view the racing from the parking lot just west of TISC. No persons shall go onto the rocks between the parking lot and the water at any time for any reason whatsoever. (This is not a protestable offense, although disciplinary action by the PCISA Board may result, at their discretion.)

9. THE COURSE

- 9.1 Diagrams in Attachment A show the courses, the order in which marks are to be passed, and the side on which each mark is to
- 9.2 The number of the course to be sailed will be hailed and/or displayed from the Race Committee boat.

10. MARKS

Marks of the course will be red inflatable buoys, with the exception of mark 1a, which will be an orange ball

11. START/FINISH

- 11.1 Races will be started in accordance with RRS Rule Appendix S.
- The start line will be between a staff displaying an orange flag on the Race Committee signal boat and a yellow mark, or a staff displaying an orange flag in/on a 2nd Race Committee boat. The finish line will be between a staff displaying an orange flag on a Race Committee boat and an orange buoy for the windward finish, or the same line as the starting line for the leeward finish. The start and finish lines will be sighted from the course side of all marks.
- 11.3 No start signal for a race will be given after 1600 on Sunday, February 23, 2014.

12. INDIVIDUAL RECALL

Individual recalls will be signaled in accordance with ISSA Procedural Rules. The Race Committee will attempt to hail a boat's sail number; however, it is the responsibility of each boat to make a proper start. Failure to be hailed or hear a hail is, in itself, insufficient cause for granting redress. Code Flag 'X' shall be used to signal any recalls.

13. GENERAL RECALLS

A General Recall will be signaled by multiple sound signals. In accordance with ISSA Procedural Rules the "Round-the-Ends" provisions of RRS 30.1 shall then apply to all subsequent starting sequences for that race, without the need for any signal to be given (ISSA PR 7.8 (b)). The three-minute starting sequence signal will begin soon after.

14. RETIREMENT

A boat that retires from a race is asked to notify a Race Committee boat before leaving the race area. If that is impossible, then immediately after arriving ashore, the competitor shall notify a regatta representative.

15. ALTERNATIVE PENALTIES

The two-turns penalty described in RRS Rule 44.2 will apply.

16. PROTESTS

Protests must be filed in writing within 20 minutes after the last boat reaches the dock for each rotation.

17. SCORING

Scoring will be in accordance with ISSA Procedural Rules.

18. BREAKDOWNS

Breakdowns will be in accordance with ISSA Procedural Rules.

19. COACHING

- 19.1 All coaching, crew rotation, exchange of clothing/food/drink and communication shall only occur on docks at the TI Sailing Center. Coaches are not allowed on the water.
- 19.2 Spectator boats are discouraged, given the confined racing area and excellent land-based viewing. Any spectator boats must be at anchor at least 100 feet outside the perimeter of the race course to avoid creating wake, and spectators shall have no contact with any competitor except when rendering assistance under RRS Rule 1.1, or as instructed by the Race Committee.

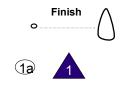
20. PARTICIPATION

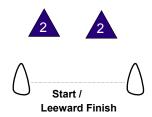
- With the exception of RRS Rule 4, each school shall compete in all scheduled races. Any school breaking this rule, without permission of the Race Committee, is subject to severe disciplinary actions by the PCISA.
- 20.2 Unless competing or serving on or for the Race Committee, no competitor shall be on the water.

21. TROPHIES

Trophies will be awarded to teams placing 1st, 2nd, and 3rd in each fleet, and to the top skipper/crew in each fleet/division.

Attachment A





Courses:

#1: Start, 1, 1a, 2 (gate), Windward Finish #2: Start, 1, 1a, 2 (gate), 1, 1a, Leeward Finish

#3: Start, 1, 1a, 2 (gate), 1, 1a, 2 (gate), Windward Finish

Note: except for leeward gate, all marks left to port