

SAILING INSTRUCTIONS
GOLD/SILVER OPTIMISTS
TCYSF Spring 2014 REGATTA

May 18, 2014

Treasure Coast Youth Sailing Foundation
Jaycee Park, Fort Pierce, Florida

1. **RULES**

This regatta will be governed by *The Racing Rules of Sailing (RRS)*.

2. **ELIGIBILITY AND ENTRY**

2.1 The regatta is open to all boats of the Optimist Class; Plastic , Wood and Fiberglass. The boats shall be divided into 2 classes; the Gold Fleet will have skippers with one and one-half or more years of sailing experience, Silver Fleet will be all others.

2.2 Eligible sailors may be entered by completing an entry form, registering with the organizing authority.

3. **REGISTRATION**

Entries must be completed by filling out the online registration form through Regatta Network. Link to this regatta by clicking on the link below:

https://www.regattanetwork.com/clubmgmt/applet_registration_form.php?regatta_id=8072

Or Go to RegattaNetwork.com and look in the calendar.

4. **NOTICES TO COMPETITORS**

4.1 Notices to competitors will be posted on the Official Notice Board located at Regatta Headquarters.

4.2 Each competitor has the responsibility to check this Board for information pertaining to the race.

5. **CHANGES IN SAILING INSTRUCTIONS**

Any changes in the Sailing Instructions will be posted before 10:00 on the day on which it will take effect.

6. **SIGNALS MADE ASHORE**

6.1 Signals made ashore will be displayed on the flagpole at the end of the dock at Regatta Headquarters.

6.2 Flag ‘AP’ (Answering Pennant) with two sounds, means: “The racing is postponed. Do not leave the harbor.” The first warning signal will be displayed not less than 30 minutes after ‘AP’ is lowered (one sound).

7. **COMPETITORS’ MEETING**

The competitors’ meeting will be held at 1100 hrs on Sunday, May 18, 2014 at Regatta Headquarters. Attendance is mandatory.

8. **SCHEDULE OF EVENTS**

| | | |
|---------------------|-----------|---|
| Sunday 18 May, 2014 | 1000-1100 | Check-in & Late Registration |
| | 1100 | Skippers Meeting |
| | 1130 | Launch |
| | 1500 | No starts after this time |
| | | Recognition Ceremony following racing |
| | | Family cook out available following ceremony. |

9. **STARTING SIGNALS**
 - 9.1 Races for all classes will be started using RRS 26 (Starting System) and 30 (Starting Penalties).
 - 9.2 Start line will be between a staff displaying an orange flag on an RC Boat at the starboard end of the line and the port end starting yellow cylinder mark.
 - 9.3 A boat starting later than 5 minutes after her starting signal will be scored, 'Did Not Start' (DNS). This changes RRS A4.1 and A5.

10. **THE FINISH**
 - 10.1 The finish line will be between a staff with an orange flag on a RC Boat and the port end yellow cylinder finish mark.
 - 10.2 If a boat or boats are, as determined by the Race Committee, unreasonably delaying the completion of a race and the start of subsequent races, the Race Committee may award a boat or boats that have not finished and are still racing points equal to the average of the places they would have received had they finished. Fractions are rounded up. This changes RRS 35.

11. **SCORING**
 - 11.1 One race constitutes a regatta.
 - 11.2 If six races are completed, each boat's worst score will be excluded from their series score. This changes RRS A2.

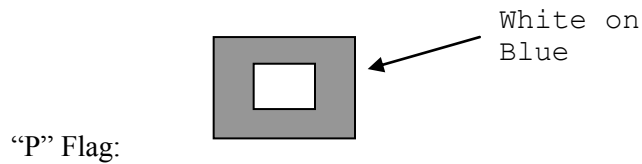
12. **SAFETY**
 - 12.1 Life jackets must be worn by all competitors while on the water. Failure to do so is only protestable by the RC and may result in disqualification.
 - 12.2 If any yachts have finished a race before the onset of foul or threatening weather and the Race Committee determines to clear yachts from the water, the RC signal boat will blow three (3) horns and display Code Flag "H" at which time all remaining yachts racing shall immediately abandon the race and go ashore. The Chief Judge may either score any yachts not finished or order the race abandoned.
 - 12.3 Each Optimist must be equipped with a suitable towline and a bailing scoop.
 - 12.4 A boat that withdraws or retires for any reason shall inform the RC of their intention for that race and any other scheduled races, or, when that is impossible, immediately upon arriving ashore. Failure to do so may result in disqualification from subsequent races that day.
 - 12.5 Each boat shall check-in with the RC boat displaying Code Flag 'L' before the first race of each day.

13. **COACH AND SUPPORT BOATS**

All coach boats are responsible for the safety of all competitors. Safety is of primary importance. Parents and spectators shall remain 300 feet outside of the race course at all times.

FLAG STARTING SEQUENCE

| Time Remaining (min.) | Signal | Meaning |
|----------------------------------|------------------------------|----------------|
| 03 | Class Flag Up, 3 Long Horn | Warning |
| 02 | “P” Flag Up, 2 Long Horn | Preparatory |
| 01 | “P” Flag Down, 1 Long Horn | One-Minute |
| 00 | Class Flag Down, 1 Long Horn | Start |
| | | |



Horn Start Sequence

A 3-min start consists of the following horn sequence:

3 min- Three long blasts

2 min- Two long blasts

1.5 min- One long blast, 1 short blast

1 min- One long blast

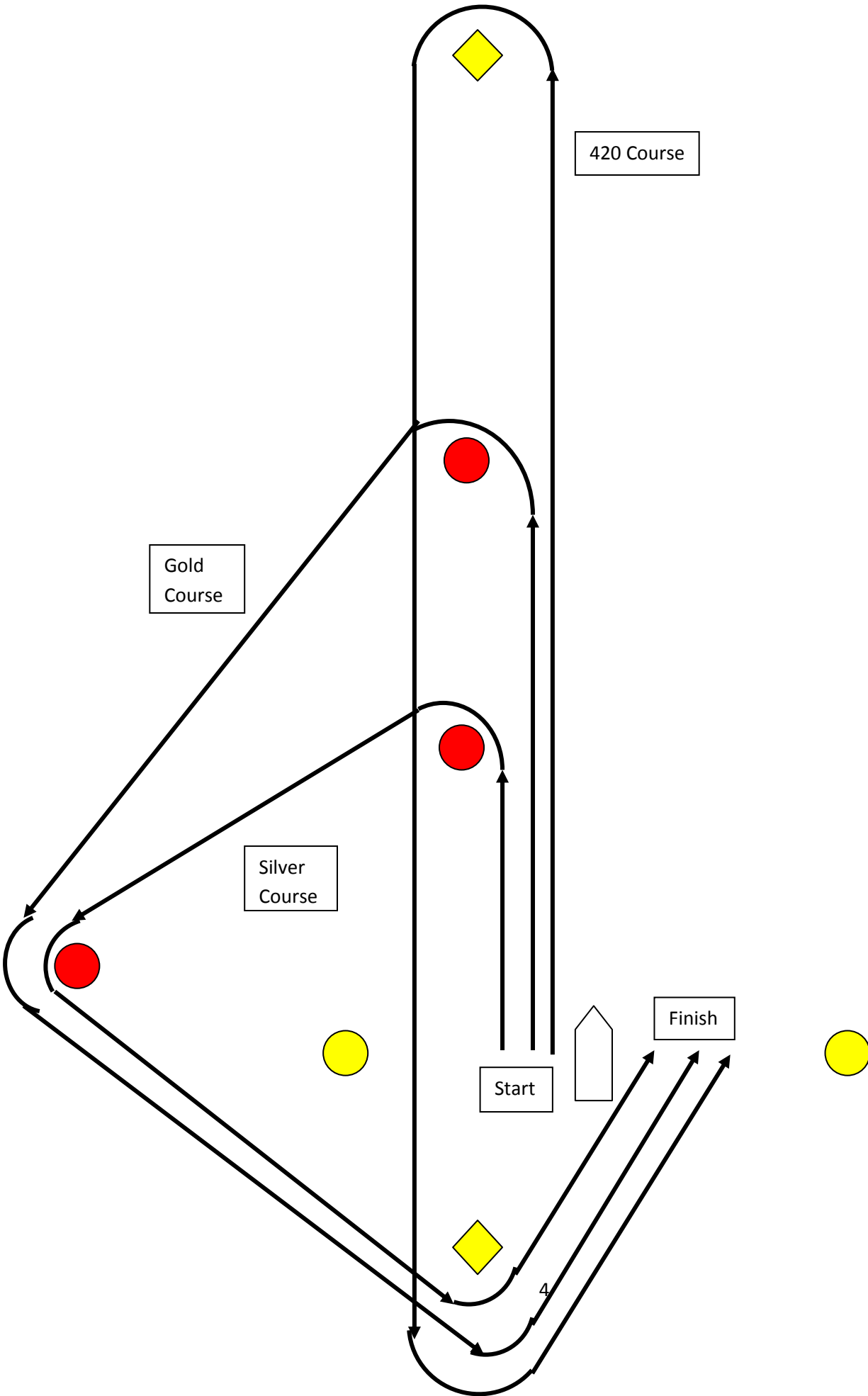
30 sec- Three short blasts

20 sec- Two short blasts

10 sec- One short blasts

5-4-3-2-1- Separate short blasts for each

0- One long blast (Start)



420 Course

Gold Course

Silver Course

Start

Finish

4