

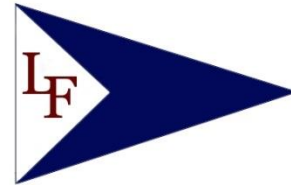


**USA JUNIOR OLYMPIC SAILING FESTIVAL –
LAKE FOREST SAILING**

20-22 JUNE 2014

LAKE FOREST SAILING CENTER, IL

National JO Sponsors: West Marine & Gill
City of Lake Forest



SAILING INSTRUCTIONS

1. RULES

- 1.1 The regatta will be governed by *rules* as defined by the *Racing Rules of Sailing 2013-2016* (RRS).

2 ENTRIES

Boats that have completed registration are eligible to race.

3 SAFETY

- 3.1 A Coast Guard-approved PFD must be worn and fully secured at all times while afloat, except for brief periods while adding or removing clothing. Whistles permanently attached to the PFDs are required.
- 3.2 A boat retiring from a race shall notify a race committee boat before leaving the course, or, when that is impossible, the Regatta Office immediately after arrival ashore.

4 CHECK-IN

Competitors must check in with the race committee signal boat before the warning signal of the first race each day.

5 NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board located on the bulletin board in the regatta tent.

6 CHANGES IN SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted before 0830h on the day it will take effect, except that any change to the schedule of races will be posted by 1830h on the day before it will take effect.

7 SIGNALS MADE ASHORE

- 7.1 Signals made ashore will be in accordance with Race Signals and displayed at the regatta tent.
- 7.2 Flag AP with two horns (one horn when lowered) means, "The race is postponed. The warning signal will be made not less than 45 minutes after AP is lowered."

8 SPECIAL SIGNALS

The display of Flag "A" (white and Blue vertical bars) at the finish of any race means, "Racing has ended for the day."

9 SCHEDULE OF RACES

Races are scheduled as follows:

Saturday 21 June 2014

A total number of 6 Races are scheduled.

First Warning is at 1030hrs

Pizza Party and Ice Cream to follow races!!!

Sunday 22 June 2014

A total number of 4 races are scheduled

First Warning 1000hrs

- 9.1 No warning signal will be made after **1430h** on the last day of racing.
- 9.2 The distance from the launch site to the racing area is approximately 1/2mile.
- 9.3 Should conditions make it impossible to complete the scheduled number of races, the regatta shall be terminated and the results based on the races completed and scored.

10 CLASS FLAGS

Class flags will be:

Club 420

Flag: C 420 Flag

Laser/Radial

Flag: Laser Flag

Optimist RWB

Flag: Optimist Flag

11 RACING AREA

The racing area will be as shown in Illustration A, attached.

12 THE COURSE

- 12.1 The diagram(s) in Illustration B show the course(s), the order of rounding, and the side on which each mark is to be rounded or passed.
- 12.2 The identifying letters and subsequent number of legs of the course will be displayed on the race committee signal boat with or before the warning signal of the start.

13 MARKS

- 13.1 Marks of the course for the C420/Laser course will be yellow tetrahedrons. New marks, as provided in Instruction 16, Change of Course After the Start, will be an orange "tetrahedron". The starting and finishing marks will be orange balls.

13.2 Marks of the course for the Optimist course will be Orange West Marine Cylinders. New marks, as provided in Instruction 16, Change of Course after the start will be Orange West Marine Cylinder with a black Band. The starting and finishing marks will be orange balls.

13.3 In the event of a missing gate mark, the remaining mark shall be left to port.

14 THE START

14.1 Races will be started in accordance with rule 26.

14.2 The starting line will be between the staff from which an orange flag is displayed on the race committee signal boat at the starboard end and the course side of the port-end starting mark.

14.3 Boats whose warning signal has not been made shall keep clear of the starting area and of all boats whose warning signal has been made.

14.4 A boat shall not start later than **5** minutes after her starting signal.

15 RECALLS

The Race Committee intends to hail the recall or sail numbers of OCS boats after the starting signal. The failure of any boat to hear the hail, an untimely hail of OCS boats, failure to hail any boats, and the order of the boats in the hail shall not be grounds for granting redress.

16 THE FINISH

The finishing line will be between a staff displaying an orange flag or shape on a race committee boat and the nearby finish mark.

18 TIME LIMIT

The time limit will be 60minutes for the C420, Laser, Laser Radial and Optimist classes. Boats failing to finish within 15 minutes after the first boat finishes or within the time limit, whichever is later, will be scored Did Not Finish. This changes rule 35.

19 PROTESTS

19.1 Protests shall be in writing, forms available at the regatta tent, and delivered to the regatta tent within 30 minutes after the time of the docking of the race committee signal boat for that competitor's course.

19.2 Protests will be heard in approximately the order of receipt as soon as possible.

19.3 Protest notices will be posted within 25 minutes of the protest time limit to inform competitors where and when there is a hearing in which they are parties to a hearing or named as witnesses. This posting shall constitute the notification required by RRS 63.2 and RRS 61.1(b).

19.4 Rule 66 is changed by adding this sentence: "On the last day of racing, a party to the hearing may ask for a reopening no later than one hour after being informed of the decision."

19.5 A boat is not permitted to protest another boat for breaking sailing instructions 3, 4, 22 & 23. This changes Rule 60.1 (a). The penalty for breaking these

instructions may be less than disqualification at the discretion of the protest committee.

21 SCORING

The Low-Point Scoring System, Appendix A of the racing rules, will apply for all classes. A maximum of 10 races are scheduled, of which 1 shall be completed to constitute a series. If 6 or more races are sailed, a boat's worst score shall be discarded.

22 DISPOSAL OF TRASH

Boats observed purposefully discharging trash into the water will either be disqualified from all races the day the infraction is observed or be subject to other suitable disciplinary action, or both.

23 SUPPORT BOATS

- 23.1 Except as noted in 23.2, team leaders, coaches and other support personnel shall not be in the racing area from the time of the preparatory signal for the first class to start until all boats have finished or the race committee signals a postponement, general recall or abandonment. The penalty for failing to comply with this requirement may result in a 20% penalty to all boats associated with the support personnel who do so.
- 23.2 Optimist Green Fleet: Coaching is encouraged during the starting sequence, around marks, and for staying generally "on course." Green Fleet support boats must identify themselves to the Race Committee and be careful not to interfere with any racing boats. Safety is paramount.
- 23.3 Coaches must wear fully secured PFDs while on the water. Other support people – race committee, mark and safety boat operators, parents, etc. – are strongly encouraged to wear fully secured PFDs while on the water.
- 23.4 All coach boats and other support boats/support personnel must agree to aid any competitor in distress or requesting assistance of any sort.

24 PRIZES

USA Junior Olympic medals will be awarded to each member of the crew placing first, second and third in each Class, and top boat in each Fleet.

Attachments:

Illustration A - The Racing Area



Illustration B - Course Diagram

COURSE WL



• W

Windward – Leeward

S-Number of WL posted-F

L



Start/Finish

