

# *Carter Lake Sailing Club & Denver Sailing Assoc*

## *Welcome to Match Racing Clinic*

### *Friday evening, May 30 - Sunday, June 1*

#### **Turning Racers into Match Racers**

As part of a world-wide promotion of match racing, North U has been organizing a world wide series of *Intro to Match Racing* clinics. Since 2007 clinics have been held on five continents.

#### **Curriculum**

The Match Racing Clinic Curriculum was created by Dave Perry (4X US Nat'l Champion), Liz Baylis (WIMRA) and Bill Gladstone (North U). The course turns fleet racers into match racers and improves the skills of match racing sailors. Prior match racing experience is not required.

At the two day *plus* clinic (one evening followed by 2 full days) sailors learn all about Match Racing: entry, dial-ups, circling, lead/push, the hook, shift right, and a slew of other match racing tactics and techniques. Dave Perry's new *North U Match Racing Playbook* and the Henry Menin/ John Cutler *North U Match Racing Book-on-Disc* are provided for all students.

The clinic will be lead by North U Director Bill Gladstone.

#### **Schedule**

Friday evening: 6:00 - 6:15: Check-In at Carter Lake clubhouse

6:15 - 8:30: Intro to Match Racing Class session

Saturday: 9:00 - 9:45: Class Session

10:00 - Noon: On the Water

12:15 - 1:15: Lunch & Class Session

1:30 - 4:30: On the Water

5:00 - 7:30: Video Debrief and Class

Sunday: 9:00 - 9:45: Class Session

10:00 - Noon: On the Water

12:15 - 1:15: Lunch & Class Session

1:30 - 3:30: On the Water

4:00 - 4:30: Wrap Up

#### **Boats**

The clinic will use a mix of boats - min 4/ type. The clinic will be sailed non-spinnaker. *Space is limited.*

#### **Fees and Registration**

Thanks to promotional support, the registration fee for the full clinic is \$95/ person or \$85 for US Sailing Members.

Includes course materials, snacks & cont b'fast, 2 lunch, 1 dinner  
*Benefit CLSC Jr Sailing Program*

Sign up: [www.regattanetwork.com/event/8236](http://www.regattanetwork.com/event/8236)

Questions: email Tim Gormley <RaceCarterLake@comcast.net>



*Brazil Clinic Participants*



*Racing at the New York Clinic*



*Snapshot from Curriculum Video*



*Menin Cutler Disc and Perry Playbook*

# North U.