

**AVALON YACHT CLUB**  
**MAYRA MIDWEEK – SOUTH JERSEY SUMMER SERIES**  
***JULY 3, 2014***

**SAILING INSTRUCTIONS**

**1. RULES**

The regatta will be governed by the rules as defined in the United States Sailing Association's Racing Rules of Sailing 2013-2016, the South Jersey Summer Series Rules and Regulations, Notice of Race, and by these sailing instructions.

**2. NOTICES TO COMPETITORS**

Notices to competitors will be posted on the official notice board located at the AYC Youth Room.

**3. ALTERATION OF RACING RULES**

- 3.1 RRS 62.2 is changed to read, "The request shall be made in writing within the time limit of RRS 61.3. The protest committee shall extend the time if there is good reason to do so.
- 3.2 RRS 8.2 is changed for the purpose of MAYRA Seasonal Scoring (ONLY) to read, "*If a tie still remains between two or more boats, they shall be ranked in order of their scores in the last race of the club regatta series in which they both competed.*"

**4. ELIGIBILITY AND ENTRY**

- 4.1 Eligible boats may enter by completing registration with the registration authority.
- 4.2 A minimum of three (3) boats is required for a separate fleet start.

**5. CHANGES TO THE SAILING INSTRUCTIONS**

Any change to these sailing instructions will be posted on the Official Regatta Notice Board not later than 10:30 AM on the day of the regatta.

**6. SIGNALS MADE ASHORE**

In accordance with RRS 90.2 (c), oral changes to the Sailing Instructions may be made on the water. A change is in effect when the Race Committee boat displays code flag L over A with one sound signal. This means come within hail of the Race Committee boat to receive the oral change to the Sailing Instructions.

**7. SCHEDULE OF RACES**

- 7.1 Racing is scheduled as follows:
  - o Optimist Red, White, Blue Fleet
  - o 420s, Lasers, Sunfish Fleets
  - o Optimist Green Fleet
- 7.2 No warning signal will be made after 3:00 PM on the Optimist course and 3:30 PM on the 420, Laser, and 420 course.

**8. CLASS FLAGS**

Division (class) Signals will be announced during the Competitors' Meeting.

- 1. 420 Club Dinghy
- 2. Laser (Full, Radial, 4.7)
- 3. Sunfish
- 4. Optimist (Red, White, Blue, Green)

The Race Committee may combine classes with another class for the purpose of a start.

**9. RACING AREA**

The racing area for the Optimist fleet will be in Stites Sound and the racing area for the 420, Laser, and Sunfish fleets will be in the Great Sound, weather permitting. If it is deemed impossible or imprudent to sail in the Great Sound or Stites Sound, the race committee reserves the right to schedule races in front of the AYC clubhouse.

## **10. THE COURSES**

- 10.1 The diagrams in Attachment A show the courses to be sailed in the Great Sound or Stites Sound, including the approximate angle between legs, the order in which the marks are to be passed and the side on which each mark is to be left. The race committee reserves the right to use alternate courses if conditions warrant it.
- 10.2 No later than the warning signal, the race committee signal boat will display the course.
- 10.3 When there is a gate, boats shall sail between the gate marks from the direction of the previous mark and round either gate.

## **11. MARKS**

- 11.1 On the Great Sound course, marks 1, 2, and 3 will be large yellow tetrahedrons. On the Stites Sound course, marks 1, 2, and 3 will be orange spheres.
- 11.2 New marks as provided in instructions 13.1 will be large orange spheres.
- 11.3 The starting 'pins', where used, will be smaller orange spheres.

## **12. THE START**

- 12.1 Races will be started using a three (3) minute dinghy start as provided in the RRS Appendix S Sound Signal Starting System.
- 12.2 The starting line will be between a staff displaying an orange flag on the race committee boat at the starboard end of the line and the orange pin marking the port end of the starting line.
- 12.3 A committee boat that is also a starting mark may set a limit mark. A boat shall not touch either the limit mark or the committee boat or pass between them. For purposes of RRS 31 and RRS 28.1 the limit mark and the committee boat shall be considered to be a single starting mark.
- 12.4 Boats whose warning signal has not been made shall avoid the starting area.
- 12.5 A boat starting later than 10 minutes after her starting signal will be scored Did Not Start. This changes RRS A4.1.
- 12.6 When a general recall has been signaled, the start(s) will be postponed accordingly.
- 12.7 The order of start for the first race of the day will be announced at the skippers' meeting and posted on the official notice board. For subsequent races on the same day classes may be started in any order and each sequence is independent in order of start.
- 12.8 Contestants not starting in a subsequent race shall notify the race committee of such intent. They may also notify a patrol boat, or their coach to notify the race committee of that sailor's intent to not start the subsequent race.

## **13. COURSE CHANGES**

- 13.1 To change the next leg of the course, the race committee will lay a new mark (or move the finish line) and remove the original mark as soon as possible. When in a subsequent change a new mark is replaced, it will be replaced by an original mark. All new marks shall be changed before the first sailor in that race has rounded the mark prior to the mark being changed.
- 13.2 Except at a gate, boats shall pass between the race committee boat signaling the change of the next leg and the nearby mark, leaving the mark to port and the race committee boat to starboard; this changes RRS 28.1

## **14. THE FINISH**

- 14.1 The finishing line will be between a staff displaying an orange flag on a race committee boat and a finish pin making a finish gate.
- 14.2 When the course is shortened at a gate, a race committee boat near the gate will display flag S and boats shall finish by sailing through the gate from the direction of the previous mark. The finishing line will be between the gate marks. This changes race signal S.
- 14.3 Check-in: A boat which does not finish or retires from a race shall notify the race committee before leaving the course area or, if that is impossible, immediately after arriving ashore.
- 14.4 After finishing, boats shall stay clear of the finish line. Boats that have finished may begin to sail towards the starting line as long as they remain outside of the racing area, unless the race committee indicates otherwise.
- 14.5 As provided in RRS 67, the protest committee may, without a hearing, penalize a boat that has broken RRS 42.

## **15. PENALTY SYSTEM**

- 15.1 The penalty system for this regatta shall follow RRS 44.1 (taking a penalty) and 44.2 (One-Turn and Two-Turns Penalties)

- 15.2 Any boat taking a penalty shall inform the committee at the finish line and receive a verbal acknowledgment from the committee.

**16. TIME LIMIT**

- 16.1 Time limits are sixty (60) minutes for each class.  
16.2 The race committee will determine if a race is to be cancelled at their discretion.  
16.3 Boats failing to finish within thirty (30) minutes after the first boat in her class sails the course and finishes will be scored Did Not Finish. This changes RRS 35 and RRS A4. The Race Committee may finish a boat in place within the time limit at their discretion.

**17. PROTESTS AND REQUESTS FOR REDRESS**

- 17.1 RRS 61.1 (a) is modified in that a boat intending to protest shall attempt to notify and receive acknowledgement from the race committee at the finish line giving the name and number of the boat being protested.  
17.2 Protest forms are available at the AYC Youth Room. Protests shall be delivered there within the protest time limit.  
17.3 For all classes the time limit is thirty (30) minutes after the docking of the race committee finish boat for the division involved. The same protest time limit applies to all protests by the race committee, protest committee/jury, and to request for redress. This changes RRS 61.3 and 62.2.  
17.4 Notices will be posted within thirty (30) minutes of the protest time limit to inform competitors of hearings in which they are parties or named. Hearings will be held at the AYC Youth Room.  
17.5 Notices of protests by the race committee or protest committee/jury will be posted to inform boats under RRS 61.1 (b).  
17.6 A list of boats that, under instruction 15.1; RRS 42; or 67 have acknowledged breaking those rules RRS or have been disqualified by the protest committee/jury will be posted before the protest time limit.  
17.7 Breaches of instructions 12.4; 12.9; 14.3; 15.2; and 25.6 will not be grounds for a protest by a boat. This changes RRS 60.1(a). Penalties for these breaches may be less than disqualification if the protest committee/jury so decides.  
17.8 Appeals will be heard by the AYC Invitational Regatta Appeals Committee.  
17.9 Decisions of an International Jury will be final as provided in RRS 70.4.

**18. SCORING**

- 18.1 The Low Point Scoring System RRS A and MAYRA Regulation 6 will apply. Five races are scheduled in each club's regatta (series) of which a minimum of one (1) race shall be completed to constitute a regatta series and award of MAYRA seasonal points.  
18.2 Each boat's regatta (series) score shall be the total of all races. No score will be excluded. RRS A4.2 shall apply.  
18.3 RRS A8.2 applies to a club's invitational regatta and awards.  
18.4 Scoring Abbreviations – See RRS A11 for proper use.  
18.5 RRS A8.2 is revised to read: If a tie still remains between two or more boats, they shall be ranked in order of their scores in the last race in which they both competed, head to hear.

**19. SAFETY REGULATIONS**

- 19.1 US SAILING prescribes that every boat shall carry life-saving equipment conforming to government regulations.  
19.2 Each boat shall be equipped with a 20 foot line for towing.

**20. REPLACEMENT OF CREW OR EQUIPMENT**

Substitution of competitors and equipment will not be allowed without prior written approval of the race committee. Substitution of damaged or lost equipment will not be allowed unless approved by the race committee. Requests for substitution shall be made to the committee at the first reasonable opportunity.

**21. EQUIPMENT AND MEASUREMENT CHECKS**

A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water a boat can be instructed by a race committee measurer to proceed to a designated area for inspection.

**22. OFFICIAL BOATS**

Official boats will be marked by display of AYC Patrol and/or Race Committee Flags.

**23. SUPPORT BOATS**

Team leaders, coaches, and other support personnel shall stay outside of areas where boats are racing and outside of 100' of any contestant from the time of the preparatory signal for the first class to start until all boats have finished or the race committee signals postponement, general recall or abandonment. The penalty for failing to comply with this requirement may be 20% of the boats registered in each class for all boats associated with the support personnel.

**24. MAYRA PRESCRIPTIONS**

- 24.1 Sail numbers shall agree with the boat's registration number.
- 24.3 Life Jackets or Personal Flotation Devices must be worn at all times while racing and be of the type approved by the United States Coast Guard.
- 24.4 RRS 40 (Personal Buoyancy) and RRS 43 (Competitors Clothing and Equipment) apply to all dinghy racing.
- 24.5 All boats are required to carry all safety equipment as required by their class, national, state, and local regulations.
- 24.6 Boats observed discharging waste or trash over the side shall either be disqualified from all races sailed on the day of the infraction or be subject to other disciplinary action or both.

**25. PRIZES**

Optimist Green Fleet: All participants will receive a participation award  
Optimist: 1<sup>st</sup>-5<sup>th</sup> place Overall and 1<sup>st</sup>-5<sup>th</sup> place for Red, Blue and White fleets  
Sunfish: 1<sup>st</sup>-5<sup>th</sup> place  
Laser 4.7: 1<sup>st</sup>-5<sup>th</sup> place  
Laser Radial: 1<sup>st</sup>-5<sup>th</sup> place  
Club 420: 1<sup>st</sup>-5<sup>th</sup> place for skipper and crew

**26. DISCLAIMER OF LIABILITY**

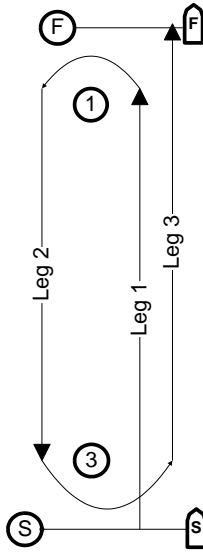
Competitors participate in the regatta at their own risk. See RRS 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during or after the regatta.

**27. RESPONSIBILITY**

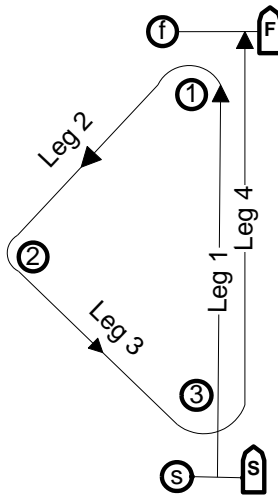
The responsibility for supervising any regatta is solely that of the sponsoring club or organization. The Mid Atlantic Yacht Racing Association assumes no liability in connection therewith. The responsibility of the Race Committee is to provide a start and to record times and/or positions at the finish. The decision to start, continue or retire is the responsibility of the contestant.

**Attachment A – Course Diagrams**

**Windward-Leeward, 3 legs total (“W3”)**



**Triangle + Windward, 4 legs total (“T4”)**



**Triangle + Windward, 4 legs total (“M1”)**

