



**2014 Lloyd Harbor Yacht Club**  
*Edward S. Dole Memorial*  
**STRATFORD SHOALS RACE**  
Saturday, July 12, 2014



# SAILING INSTRUCTIONS

## 1 RULES

- 1.1 The regatta will be governed by the rules as defined in:
  - 1.1.1 The *Racing Rules of Sailing* (RRS) 2013-2016;
  - 1.1.2 Current class rules for one-design fleets;
  - 1.1.3 The current PHRF regulations, as administered by YRA of Long Island Sound (YRALIS) including non-spinnaker regulations and crew weight limitations;
  - 1.1.4 Current Minimum Equipment and Safety Recommendations of YRALIS, Category B;
  - 1.1.5 All boats shall display running lights beginning one half hour before sunset;
  - 1.1.6 The RRS will be changed as noted in these instructions.

## 2 ELIGIBILITY AND ENTRY

- 2.1 This race is open to mono-hull boats, no less than 24 feet LOA and PHRF ratings of less than 190.
  - 2.1.1 The use of a canting keel shall be permitted and the use of stored power in order to power the mechanism to cant a keel shall be allowed. This changes RRS 51 & 52.
- 2.2 Multihull boats are welcome to enter in a demonstration class, but will not be scored.
- 2.3 Racing will be offered for the following PHRF classes of boats: Jib-and-Main, Spinnaker and Double-Handed.
- 2.4 Eligible boats may enter and electronically pay the entry fee using the Lloyd Harbor Yacht Club (LHYC) Regatta Manager on the website at [www.lhyc.org](http://www.lhyc.org), following the link to the Race Information page.
- 2.5 Boats shall enter in only one class; if less than four entries are received for any one-design class, they will be entered in the appropriate class, unless they wish to withdraw their entry.
- 2.6 All entries must be submitted including a valid rating certificate and entry fee received by LHYC by 1800 Friday, July 11, 2014.
- 2.7 SPINNAKER FLEET
  - 2.7.1 To race in the PHRF spinnaker fleet, a boat must possess a valid YRALIS PHRF certificate.
- 2.8 NON-SPINNAKER FLEET
  - 2.8.1 The Non-Spinnaker Program as published in the YRALIS Racing Schedule (2014 Racing Program) will be followed, with the following exception: Boats entered with a LHYC handicap need not hold a valid YRALIS PHRF certificate.
- 2.9 DOUBLE HANDED FLEET
  - 2.9.1 Autopilots are allowed in the double-handed division only.

## 3 FEES

- 3.1 Early registration entry fee is \$75 per boat for US SAILING members and \$80 for non-US Sailing members.
- 3.2 For entries received after Friday, July 7, 2014, the entry fee is \$100 for US SAILING members and \$105 for non-US SAILING members.

#### **4 NOTICES TO COMPETITORS**

- 4.1 Notices to competitors will be posted on the LHYC website (<http://www.lhyc.org/>) and shall be broadcast on VHF Ch. 72 prior to the first warning signal.

#### **5 CHANGES TO SAILING INSTRUCTIONS**

- 5.1 Any change to the sailing instructions will be posted before 0900 on July 12 on the LHYC website ([www.lhyc.org](http://www.lhyc.org/)) and announced prior to the first warning signal on VHF Ch. 72.

#### **6 SIGNALS MADE ASHORE**

- 6.1 No signals will be made ashore.

#### **7 SCHEDULE OF RACES**

- 7.1 Racing is scheduled for Saturday, July 12, 2014.  
7.2 The scheduled time for the first warning signal is 1400 EDT.

#### **8 CLASS FLAGS**

- 8.1 The number of classes and the class assignment for each boat will be made at the discretion of the regatta committee and indicated on the Scratch Sheet.  
8.2 Scratch Sheets will be available on the LHYC website no later than 2000 July 11, 2014 and from the race committee boat(s) conditions permitting.  
8.3 Classes will be designated by numerals (1, 2, 3, etc.). Class flags will be numeral pennants.  
8.4 Boats are encouraged to fly the numeral pennant for their class from their back stay, or in the absence of a backstay, from a shroud or flag halyard.  
8.5 Boats wishing to change class, e.g., spinnaker to non-spinnaker, shall notify the race committee prior to the first warning signal of the first race of their class. The race committee will announce any such changes on VHF Channel 72.  
8.6 All boats shall identify themselves to the race committee by sailing past the stern of the committee boat on starboard tack with mainsail hoisted prior to the first warning signal.

#### **9 RACING AREAS**

- 9.1 Rendezvous will be made in the vicinity north of Nun "6" off Lloyd Neck.  
9.2 The race committee shall announce the approximate position of the starting area on VHF Channel 72 at approximately 1330.

#### **10 COURSE and MARKS**

- 10.1 Start at Nun "6" and proceed towards Can "13" off Eaton's Neck Point leaving it to starboard, proceed to the Stratford Shoal Lighthouse, leaving it to starboard, continue back to Eaton's Neck Can "13", leaving it to port, proceed to the finish at Nun "6". Course distance for handicapping purposes is 34.0 miles.  
10.2 All government and private aids, when not designated as marks of the course, may be disregarded at the discretion of the skipper.

#### **11 THE START**

- 11.1 The race will be started according to RRS 26.  
11.2 The starting line will be between an orange flag on the race committee boat and Nun "6" off Lloyd's Neck.  
11.3 The race committee will attempt to identify OCS boats and broadcast their sail numbers via VHF Channel 72. Failure of a boat to see or hear her recall notification, and the timing and order of such hail, shall not be cause for redress. This changes RRS 62.1a.  
11.4 Any boat starting before her appointed start time and not returning shall be penalized by having her elapsed time increased by 30 minutes. This changes RRS 29.1.  
11.5 Boats whose warning signal has not been made shall stay clear of the starting area and boats in their starting sequence.  
11.6 Any boat starting later than 15 minutes after her starting signal will be scored Did Not Start (DNS). This changes RRS rules A4.2 and A5.

## 2014 LHYC Edward S. Dole Memorial Stratford Shoals Race Sailing Instructions

- 11.7 If the automated starting system is used, i.e., the Ollie System, racers should be aware of the short, repetitive sounds emitted prior to the initial warning signal and not consider them part of the starting sequence.
- 11.8 The race committee at its discretion may start multiple classes together. If so, the scratch sheet will clearly designate the classes that will start together and multiple class flags will be flown at the warning signal. This modifies RRS 26.

### 12 THE FINISH

- 12.1 The finish line will be between the orange flag on a race committee boat and Nun "6" off Lloyd's Neck. The committee boat will be stationed to the north of Nun "6."
- 12.2 If finishing after dark, racing boats finishing must: **call the race committee** on VHF Ch. 72 about ten minutes before they expect to finish, **shine a light on their sail number at the finish line** and **hail the race committee by voice or radio with name, sail number and class**.
- 12.3 The race committee shall provide acknowledgement to finishers immediately after finishing. It is also strongly recommended that all finishing boats record their own finishing time and note the names of boats finishing immediately in front and behind.

### 13 TIME LIMIT

- 13.1 The time limit for the day will be ten hours after the start of the first class.
- 13.2 Any boat not finishing in the time allotted will be scored "Did Not Finish" (DNF). Any boat not finishing within 30 minutes plus her time allowance from the finish of the first boat in her class will be scored DNF. This changes RRS rules 35, A4.2 and A5.

### 14 PROTESTS

- 14.1 Notices of protests by the race committee will be made via VHF Channel 72 to inform boats under RRS 61.1(b).
- 14.2 Protests shall be written on US Sailing protest forms or equivalent and shall be delivered to the Protest Committee Chairman: Mr. Michael Sterflinger. Protests may be delivered in person, by e-mail to [msterf@gmail.com](mailto:msterf@gmail.com), 220 Taylor St., Centerport, NY 11721. Protests shall be delivered by 1800 on the Monday following the race. The same time limit applies to protests by the race committee about incidents they observe in their racing area and for requests for redress. This changes RRS 61.3 and 62.2.
- 14.3 Protest hearings will be scheduled accordingly and posted on the LHYC website to inform competitors of hearings in which they are parties or named as witnesses. A protest against a boat whose representative has not announced his intention to attend the hearing, or who fails to attend the hearing, will be heard without representation from the protested boat as provided by RRS 63.3(b).
- 14.4 Decisions of the protest committee will be final as provided in RRS 70.5.

### 15 SCORING

- 15.1 Time allowances will be as per YRALIS PHRF procedures using time on distance and will be based on the course distance of 34.0 miles, regardless of the distance sailed.
- 15.2 Each class will be scored separately.

### 16 SAFETY REGULATIONS

- 16.1 All boats are cautioned to observe the Navigation Rules of the Road and to extend the right-of-way to commercial vessels, especially those restricted in their ability to maneuver making passage through the racing area. Any boat observed to impede such traffic may be protested by the race committee.
- 16.2 A boat withdrawing before the start or retiring from the race for any reason is requested to notify the race committee by VHF Ch. 72 at the earliest possible opportunity or contact the race committee via cell phone as indicated on the Scratch Sheet, or notify the LHYC Fleet Captain by telephone at 347-878-0258.

## 17 RADIO COMMUNICATION

- 17.1 Each boat shall carry a VHF radio capable of transmitting and receiving on Channel 72.
- 17.2 Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.
- 17.3 The race committee shall use VHF Channel 72 for any radio communications with competitors. As an additional courtesy, radio prompts may be given to preface any actions by the race committee. Boats shall not be entitled to redress for the following: misstatements by the race committee, or failure of a boat to hear or receive a broadcast.

## 18 PRIZES

- 18.1 Prizes will be awarded as follows for each class: First if 3 or more registrants, Second if 5 or more, Third if 7 or more and Fourth if 11 or more.  
The **Stratford Shoal Trophy** will be awarded to the boat in the PHRF spinnaker fleet with the lowest corrected time (one year retention).  
The **Silver Girl Trophy** will be awarded to the boat in the JAM fleet with the lowest corrected time (one year retention).  
The **First Home Trophy** will be awarded to the first boat of the PHRF spinnaker fleet to finish (one year retention).
- 18.2 This is a qualifying race for North Sails' **Long Island Sound Charity Cup**. Participation earns one point.
- 18.3 This is a qualifying race for North Sails' **Huntington Bay Boat of the Year**. Participation earns one point.

## 19 DISCLAIMER OF LIABILITY

- 19.1 Competitors participate in the regatta entirely at their own risk. See RRS rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

Visit the Lloyd Harbor Yacht Club Web Site at [www.LHYC.org](http://www.LHYC.org) for results, scratch sheets, etc.



**Coneys  
Marine**

32 New York Avenue  
Huntington, NY 11743  
631-421-3366



**TOTAL  
DOLLAR**  
YACHT INSURANCE  
[www.totaldollar.com](http://www.totaldollar.com)  
Thomas W. Carroll - Account Executive  
212-689-4477 x335 Fax: 212-599-6913  
email: [tc Carroll@totaldollar.com](mailto:tc Carroll@totaldollar.com)



Lloyd Harbor Yacht Club is a proud supporter of  
"Save Our Harbors"  
"Friend" them on Facebook

[www.facebook.com/pages/Save-Our-Harbors/192915870738590](http://www.facebook.com/pages/Save-Our-Harbors/192915870738590)