

ASMBYC
WOMEN ON WATER/ WOMAN AT HELM REGATTA
August 23rd and 24th, 2014
Marina del Rey, California

SAILING INSTRUCTIONS

Event Co-Chairs: Sue Service, <mailto:sservice2003@gmail.com> and Christina Tarantola
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Principal Race Officer: Greg Rutter <mailto:grrutter@gmail.com> Phone: 206-551-9090

1. RULES

- 1.1.** This regatta will be governed by the “rules” as defined in *The Racing Rules of Sailing (RRS) 2013-2016*.
- 1.2.** RRS 63.7 will be replaced by: “If there is any conflict between a rule in the Notice of Race and one in the Sailing instructions, the Sailing Instructions shall apply”.
- 1.3.** Rules 63.1, A4.1 and A5 will be changed so that a boat starting more than five (5) minutes after her Starting Signal will be scored DNS without a hearing.
- 1.4.** Rule 82 will not apply.
- 1.5.** Appendix T, Section A, Penalties While Racing, will apply.
- 1.6.** Appendix T, Section B, Post-Race Penalties will apply with the following modification: the minimum 20% penalty is 2 places, and the minimum 30% penalty is 3 places.
- 1.7.** Appendix T, Section C, Expedited Hearings, will apply.

2. NOTICES TO COMPETITORS

- 2.1.** Any notice will be posted on the SBYRC website by 0900 each race day at www.sbyrc.org.

3. CHANGES TO THE SAILING INSTRUCTIONS

3.1. Any change to the sailing instructions will be posted on the SBYRC website at www.sbyrc.org by 0900 on the day it will take effect.

4. SCHEDULE OF RACES

4.1. The R/C will attempt to run a total of 5 races for WOW and WAH Performance classes, 3 for the WAH Cruising Division.

4.2. The scheduled time of the warning signal for the first race each day is 1155 hours.

5. CLASS SPLITS, FLAGS AND ORDER OF STARTS

5.1. Class splits, flags and order of starts will be posted by 0900 hours race day at www.sbyrc.org.

6. VENUE/ COURSES

6.1. Races will be held outside the Marina del Rey detached breakwater. Start/Finish line will be in the vicinity of S Mark.

6.2. Courses are described in the attached Windward/Leeward Course Charts for performance boats and Random Leg courses for Cruisers.

6.3. Windward/Leeward courses will be selected from the attached Course chart. Random Leg courses for the Cruising Division will be selected from the attached Cruising Division course chart.

6.4. For WOW and WAH Performance, no later than the preparatory signal the Race Committee will display the course number and letter designating the weather mark. This changes **RRS 27.1**.

6.5. For WAH Cruiser class no later than the preparatory signal the Race Committee will display the course number only. This changes **RRS 27.1**.

7. MARKS

7.1. Marks used will be those indicated in Marina del Rey Course Chart 16

7.2. **In addition**, for WOW and WAH Performance classes, two marks will be added to Course Chart 16:

- "K" Mark, bearing 210 degrees magnetic from "S" mark at ½ mile.
GPS N33* 56.827, W118* 29.624
- "W" Mark, bearing 260 degrees magnetic from "S" mark at ½ mile.
N33* 57.102, W118* 29.810. (see attached course chart).
- These marks will be inflatable tetrahedrons.

7.3. Any mark missing or out of place, will be replaced by an inflatable tetrahedron in the approximate location of that mark. This changes **RRS 34**.

8. CHECK-IN

8.1. All boats shall sail by the stern of the R/C boat when displaying the "L" flag and be recognized by the Race Committee prior to the warning signal for the first race each day. Please do not approach the race committee boat until she is securely anchored and flying the "L" flag.

9. THE START

- 9.1. The starting line will be between an orange flag on or near the Race Committee boat at the starboard end and an inflatable tetrahedron at the port end. The race committee boat will be anchored in the vicinity of S mark.
- 9.2. An orange or yellow shape may be set off the back of the RC boat during the starting sequence and at the start. This shape, and the line connecting it to the RC boat, shall be considered part of the RC boat and thus part of the starting mark.
- 9.3. The starting line shall be **restricted** to boats starting their race.
- 9.4. A boat not starting that crosses the starting line may exonerate herself by taking a two-turns penalty.
- 9.5. For the **first race of each day**, a rolling 5 minute sequence will be used to start all classes. The starting signal for each class will be the warning signal for the next class.
- 9.6. **After the first race** of each day, the RC will start subsequent races as soon as practicable. WOW and WAH Performance class boats **may or may not** start in the same sequence; Cruisers may be started separately. To indicate a warning signal is imminent, the RC will sound multiple sound signals approximately one minute before the warning signal, and may provide information by radio.
- 9.7. A boat starting later than five (5) minutes after her starting signal will be scored **DNS**.
- 9.8. Boats whose class warning signal has not been made shall stay clear of the starting area. Boats not in their starting sequence in the starting area may be protested and penalized by the RC.
- 9.9. The Race Committee may attempt to notify recalled boats by hailing their sail number on the designated VHF channel. No part of this hail, or lack thereof, shall be considered grounds for redress.

10. CHANGE OF COURSE

- 10.1. Any change without a class flag shall apply to all classes.
- 10.2. Course changes will be indicated at a rounding mark by placard with new course compass bearing.

11. THE FINISH

- 11.1. The finishing line will be between a checkered flag on the Race Committee boat at one end and a spar buoy with a checkered flag at the other.
- 11.2. The **finishing line is restricted** to boats that are finishing the race.
- 11.3. A boat not finishing that crosses the finishing line may exonerate herself by taking a two-turns penalty.
- 11.4. Boats that have finished shall immediately clear the finish area.

12. PENALTIES

- 12.1. **RRS44.1** is changed so that if an incident occurs outside the "zone" for a rounding or finishing mark, the applicable penalty shall be a One-Turn Penalty instead of a Two-Turn Penalty.

13. NOTICE OF RETIREMENT

- 13.1. Any boat retiring shall notify the Race Committee as soon as possible.

14. TIME LIMIT

14.1. Performance boats failing to finish within 25 minutes of the first boat in their class that sails the course and finishes may be scored **DNF**. This changes **RRS 35**.

15. PROTESTS

15.1. Any boat intending to file a protest shall notify the Race Committee after finishing that race.

15.2. Forms will be available at the host yacht club. Forms shall be delivered to an SBYRC officer at the host yacht club within the protest time limit of one hour after the RC boat docks.

15.3. Protests will be heard as soon as possible. All parties shall be present, with witnesses, after filing.

16. SCORING

16.1. No race score will be excluded. This changes **RRS A2**.

16.2. Time on distance scoring will be used.

16.3. Two races must be completed to constitute a series (one for the Cruising Division).

17. TROPHIES

17.1. The Robert S. Wilson Perpetual Trophy will be awarded to the overall winner of the WOW division.

17.2. The WSA Perpetual Trophy for Woman at the Helm will be awarded to the winner of the largest WAH class (Performance or Cruising), provided that they have not won this award previously.

17.3. The Cheryl Rembert Perpetual Trophy will be awarded to the Martin 242 with the best performance in the WOW division.

17.4. Individual take home trophies will be awarded in each division according to the number of entrants per division, as follows:

17.4.1. Up to 4 entries – 1 trophy

17.4.2. Up to 6 entries – 2 trophies

17.4.3. Up to 10 entries – 3 trophies

17.4.4. 11 + entries – 4 trophies

18. COMMUNICATION

18.1. The RC will use channel 68 for communications with competitors.

18.2. The RC may use the radio to make competitors aware of its intentions, the course to be sailed, starting times, course changes, OCS, postponements, and other information regarding the racing.

19. HOSPITALITY

19.1. Saturday post-race daily trophies and hospitality will be held at Pacific Mariners' Yacht Club, 13915 Panay Way, Marina del Rey, CA 90292.

19.2. Sunday post-race hospitality and awards ceremony will be held at Marina Venice Yacht Club, 4333 Admiralty Way Marina del Rey, CA 90292

20. DISCLAIMER OF LIABILITY

20.1. Competitors participate in the Regatta entirely at their own risk. See **RRS 4**. The organizing authority, host yacht clubs, and ASMBYC will not accept any liability for material damage, personal injury or death sustained in conjunction with, prior to, during or after the regatta.

Raffle prizes were generously donated by:

Charlotte Tarantola Apparel

North Sails

Le Cellier

The Overland Café

Tony P's

California Pizza Kitchen

LA Conservancy

LACMA

Fresh Foods in a Flash

Juliet Nails

Latin American Cinemateca of Los Angeles

For more regatta information:

<http://facebook.com/womenonthewater>

<http://www.sbyrc.org>

<http://www.wsasmb.org/wow-wah.html>

<http://www.regattanetwork.com/event/8918>

WAH Cruising - RL Courses

The course for each class will be signaled using the corresponding numerical pennant, using marks from Marina del Rey Course Chart 16 and the King Harbor Mark Guide.

Courses are listed below with the handicap distance provided in nautical miles (NM):

Course No. 11 - Start, S to starboard, F to port, DD to port, AA to port, S to port, E to port, A to port, to Finish
(8.1 NM)

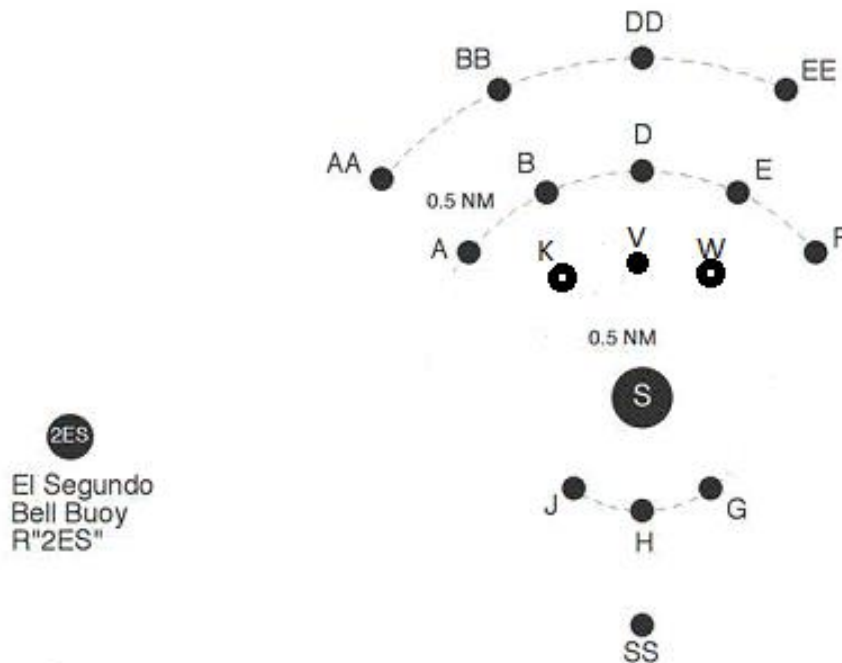
Course No. 12 – Start, DD to port, 2ES to port, J to port, E to port, B to port, to Finish
(9.92 NM).

Course No. 13 – Start, S to starboard, F to port, DD to port, 2ES to port, J to port, E to port, AA to port, to Finish (12.2 NM).

Course No. 14 – Start, S to starboard, F to port, DD to port, J to starboard, 2ES to starboard, E to port, AA to port, to Finish.
(13.7 NM)

Course No. 15 – Start, S to starboard, F to port, DD to port, J to starboard, 2ES to starboard, E to port, AA to port, B to port, H to port, S to port, to Finish.
(14.7 NM)

Windward / Leeward Course Chart



SIGNALS

Courses will be signaled by course # and weather mark.

COURSES

All courses start and finish near S mark.

L (Leeward) mark is based on the given W (weather) mark.

For W (weather) mark: **AA, A, BB, B, K** use **G** as L (leeward) mark

For W mark: **EE, E, F, W** (Whiskey) use **J** as L mark

For W mark: **D, DD, V**, use **H** as L mark

MARK DESCRIPTIONS

All marks are yellow spars OR inflatable tetrahedrons (orange or yellow)

SPECIAL NOTE:

Two marks have been added to Course Chart 16 buoys: "K Mark" bearing 210 mag. From S mark, and "W Mark" bearing 260 mag. from S mark.



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WOW and WAH Performance

Windward / Leeward Course Numbers, Descriptions and Distances

NOTE: Course descriptions *used here* employ the following terms:

“W” denotes WINDWARD mark [NOT W(hiskey) Mark]

“L” denotes LEEWARD mark

When S Mark is to be rounded it is specified as “S Mark”

<u>Course Number</u>	<u>Description</u>	<u>Course length in NM to windward mark:</u> K, V, W	<u>Course length in NM to windward mark:</u> B, D, E, F (NM)
1	W - Finish	1	2
2	W – “S Mark” – W - Finish	2	4
3	W – L – W – Finish	3	5
4	W – L – Finish	2	3
5	W – L – “S Mark” – L – Finish	3	4
6	W – L – W – L – Finish	4	6